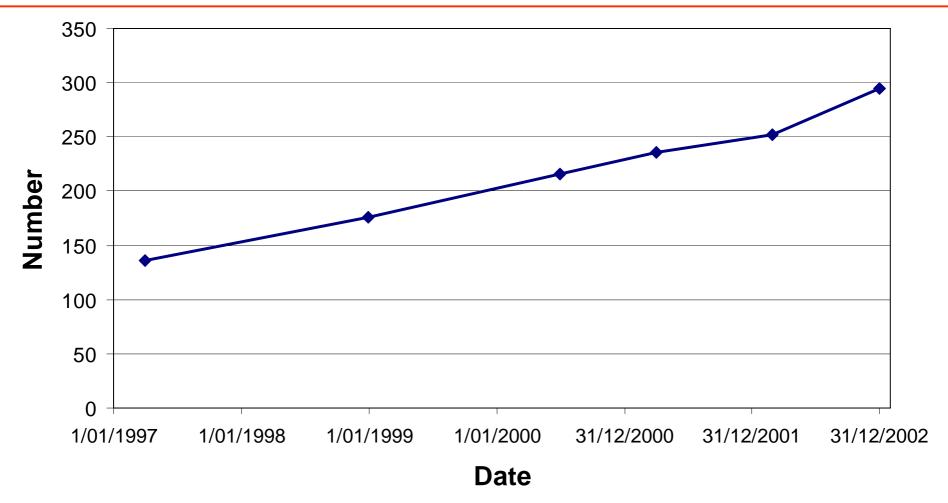
# Positive pregnancy

#### **CUMULATIVE PERINATAL HIV EXPOSURE, AUSTRALIA**





# Reported number of perinatally exposed children in Australia, 1982 - 2002

Timing of the woman's HIV diagnosis	1982 - 1992	1993 - 1997	1998 <b>-</b> 2002	Total	
Antenatal	<i>33</i>	49	103	185	
Postnatal	<i>59</i>	<i>35</i>	15	109	
<i>Total</i>	92	84	119		

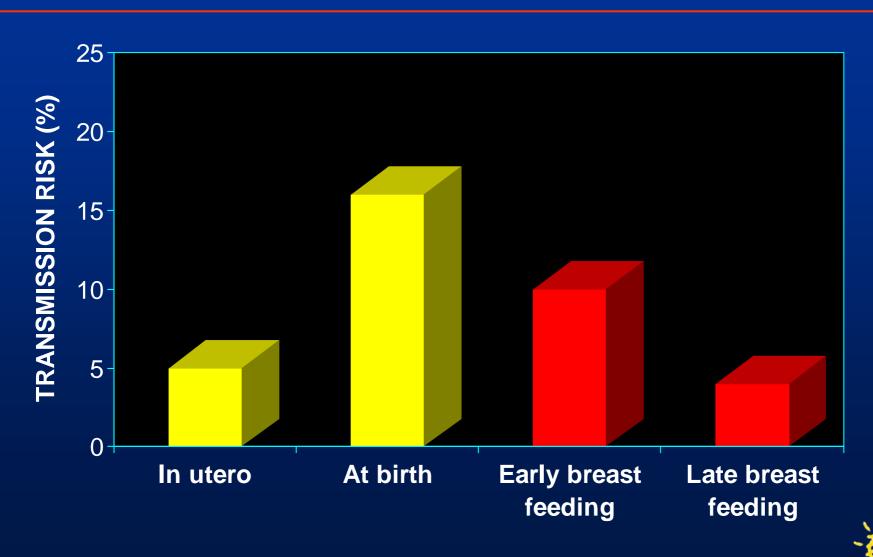


n = 232 women (74% heterosexual, 13% IDU) 71/295 infants infected (24% tm rate)

# Number of exposed children, 1993 - 2002, and number (%) with infection by year of birth

Year of child's birth	Number exposed		Number with infection	% with infection	
Child born 1993 – 1997		84	29	34.5	
Woman diagnosed anten	atally	49	12	24.5	
Woman diagnosed postn	atally	35	17	48.6	
Child born 1998 – 2002		118	8	6.8	
Woman diagnosed anten	atally	103	0	0.0	
Woman diagnosed postn	atally	15	8	53.3	
Moman diagnossa postii	atany			00.0	

# Timing of Perinatal Infection (no antiretroviral prophylaxis)



# What Is the Risk of Mother-to-child Transmission (MTCT) of HIV?

- Historically, up to 60%, but declining over the years
- Currently, in less developed settings, 30-40%
- And 20 25% in developed setting without intervention
- Can be 1-2% with intervention strategies



# Factors Affecting the Risk of MTCT of HIV

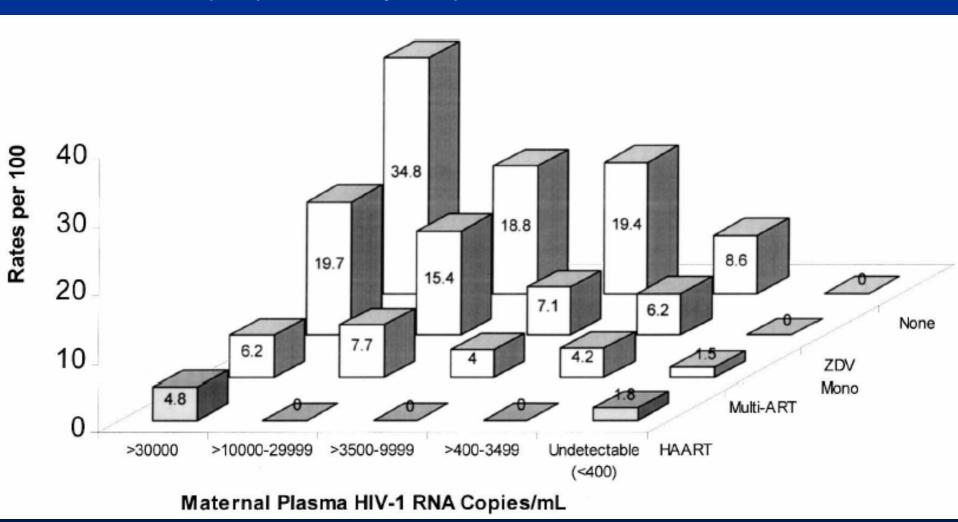
- Maternal viral load
- Maternal state of immune suppression (HIV infection vs AIDS)
- Obstetric factors (e.g. duration of membrane rupture prior to delivery)
- Mode of delivery
- Gestational age at birth
- Breast feeding
- Others



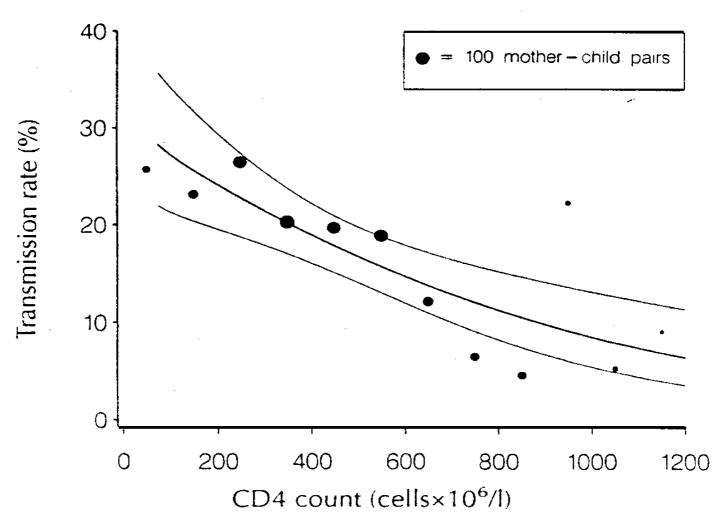
# Is there a safe threshold viral load? i.e. a level below which HIV transmission does not occur?

### MATERNAL ANTIVIRAL THERAPY AND VIRAL LOAD Effects on perinatal transmission

WITS prospective study: Cooper et al. JAIDS 2002;29:484-494



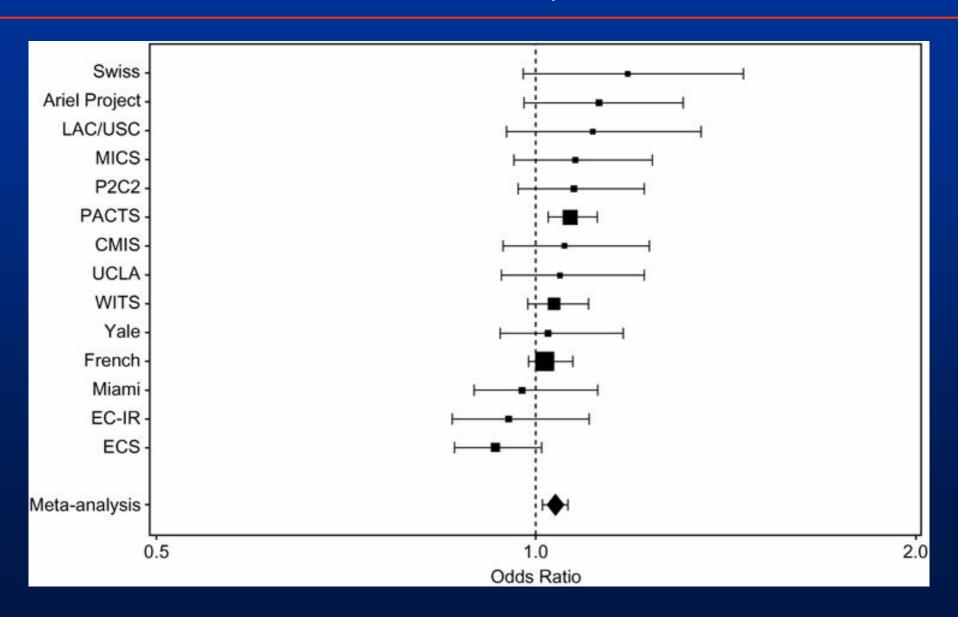
### Maternal CD4 Lymphopenia and Tm Risk (European Collaborative Study, AIDS, 1996)

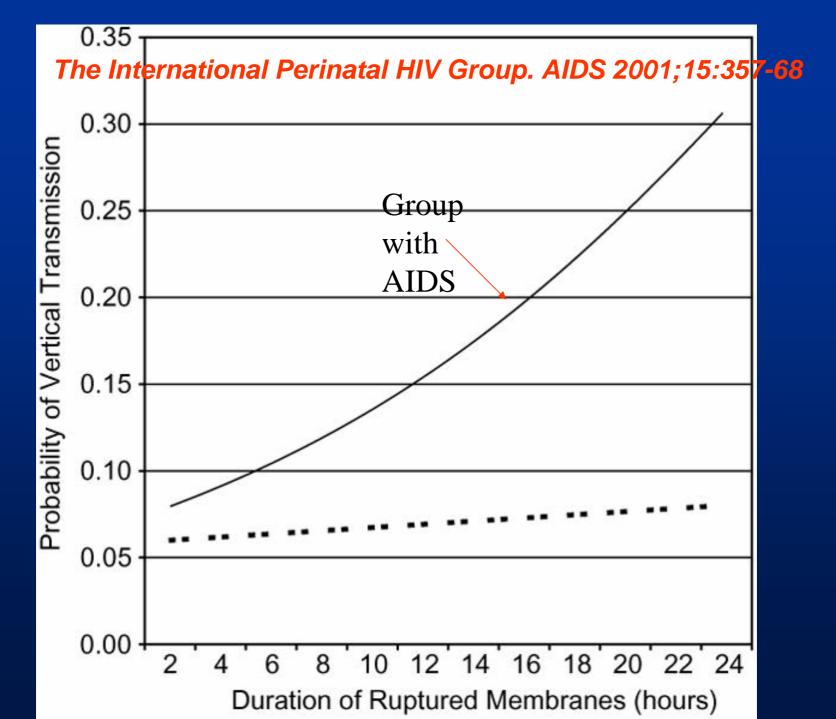




#### Association with duration of membrane rupture

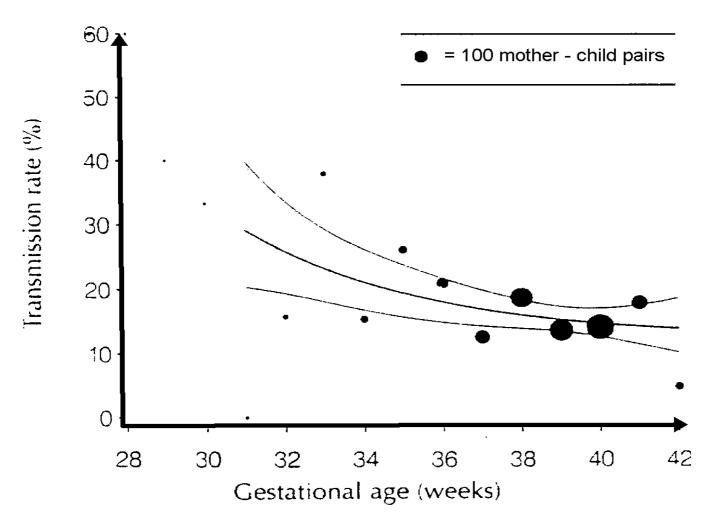
The International Perinatal HIV Group. AIDS 2001;15:357-68





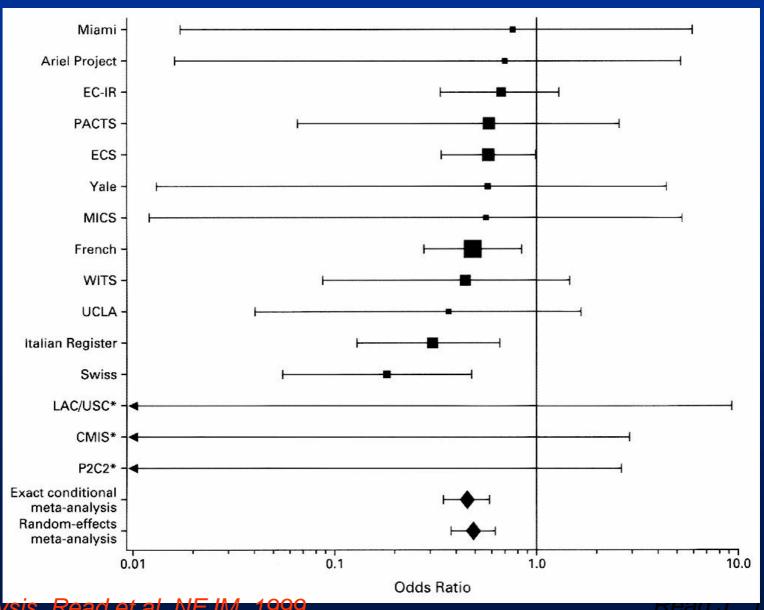
#### Prematurity and transmission risk

(European Collaborative Study, AIDS, 1996)





#### Impact of elective caesarean section on transmission

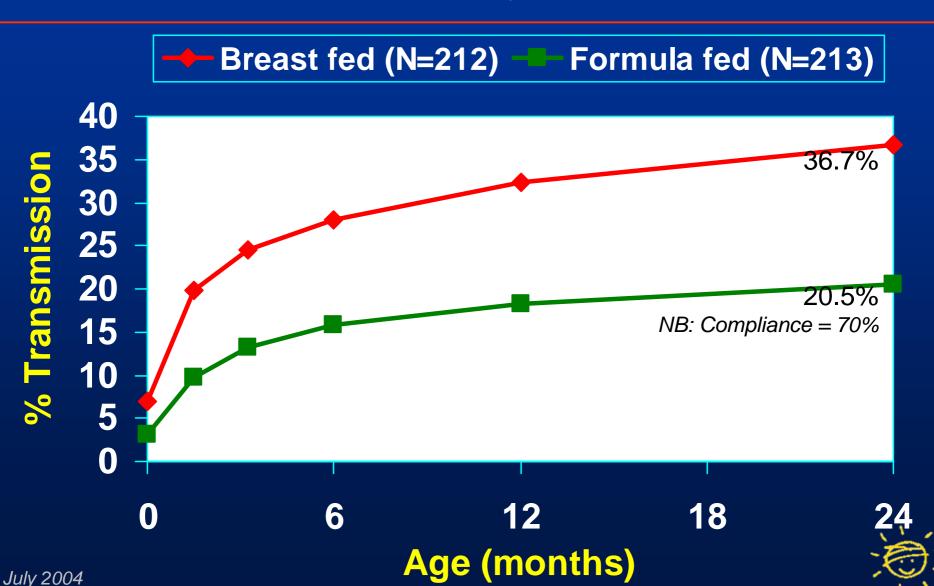


Metaanalysis, Read et al, NEJM, 1999



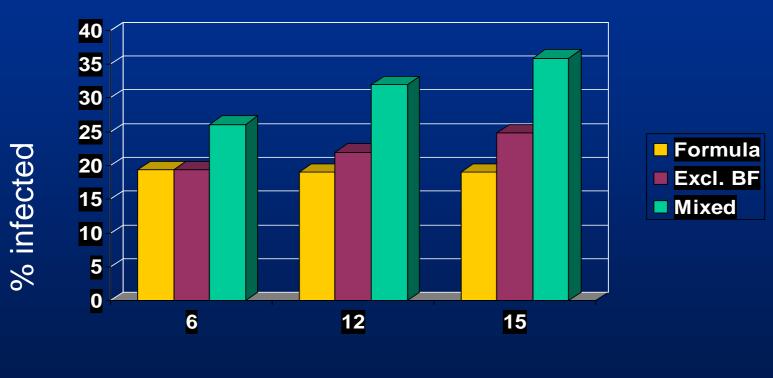
## Randomised, controlled trial of breast v. formula feeding, Nairobi

Nduati et al. JAMA 2000;283:1167-1174



# Influence of pattern of feeding on transmission

Coutsidis, AIDS, 2001



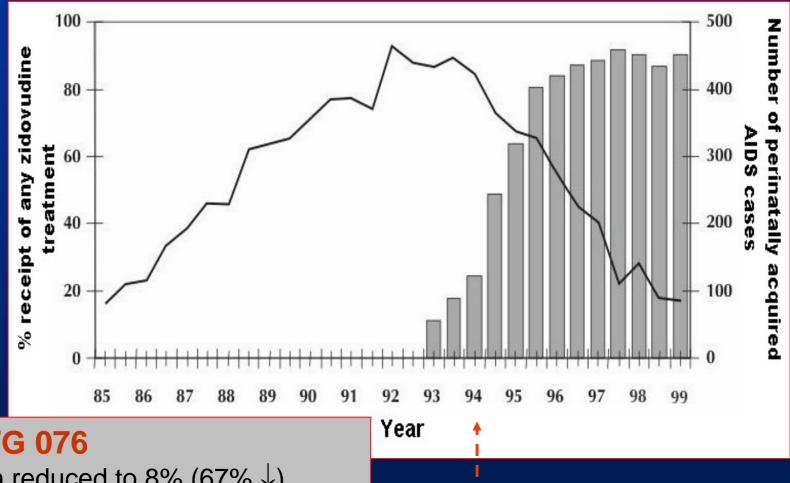
Age (months)

# What Are The Strategies for Preventing Transmission?

- Antenatal screening
- Antiretroviral therapy (ARV)
- Mode of delivery
- Not breast feeding
- ? Obstetric factors at delivery (eg avoidance of invasive procedures)



#### Receipt of perinatal ZDV and PNT AIDS trends



#### **PACTG 076**

25% tm reduced to 8% (67% ↓)

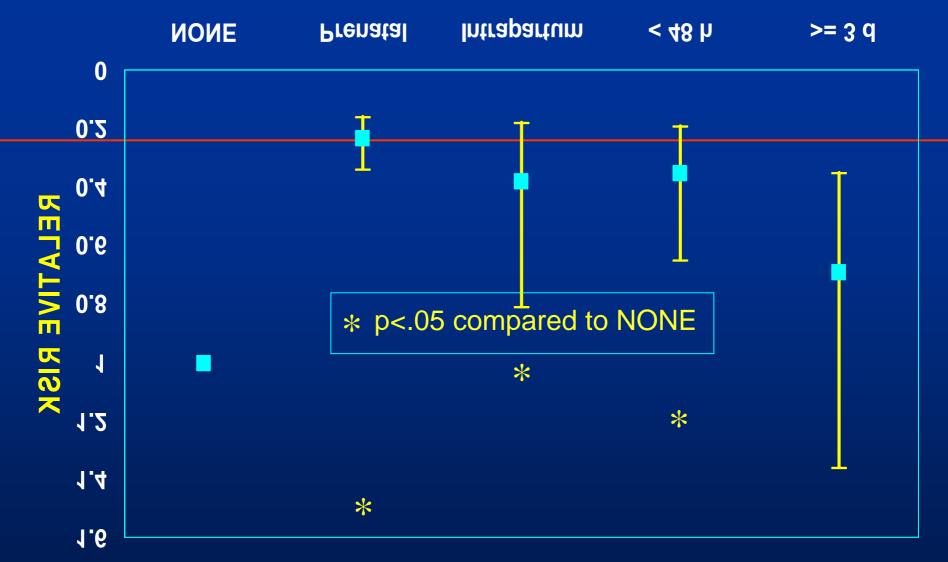
- 3 part AZT regimen
- AZT to mother (T2 or T3)
- AZT, IV, in labour
- AZT to infants, 6 weeks

**PACTG 076** 

## TIMING OF AZT PROPHYLAXIS AND RISK OF POSITIVE PCR

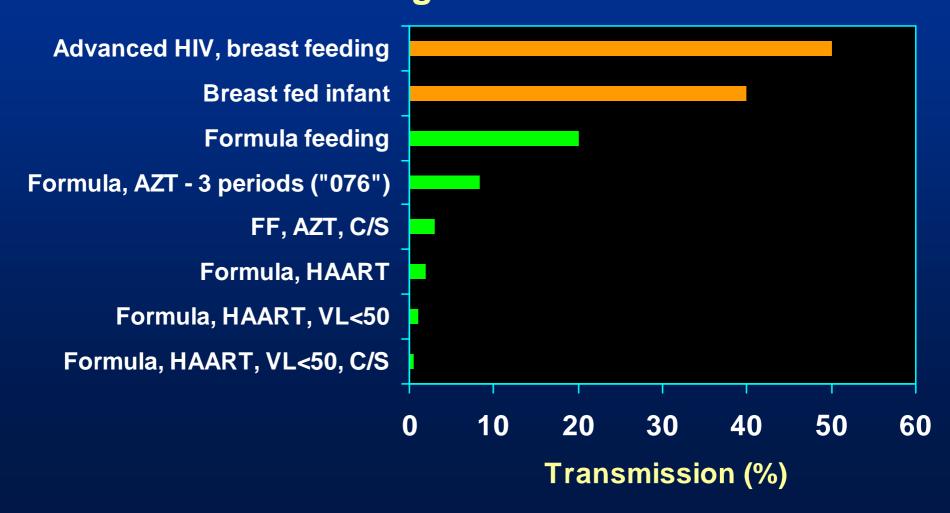


(Wade, NEJM 1998;339:1409-14)



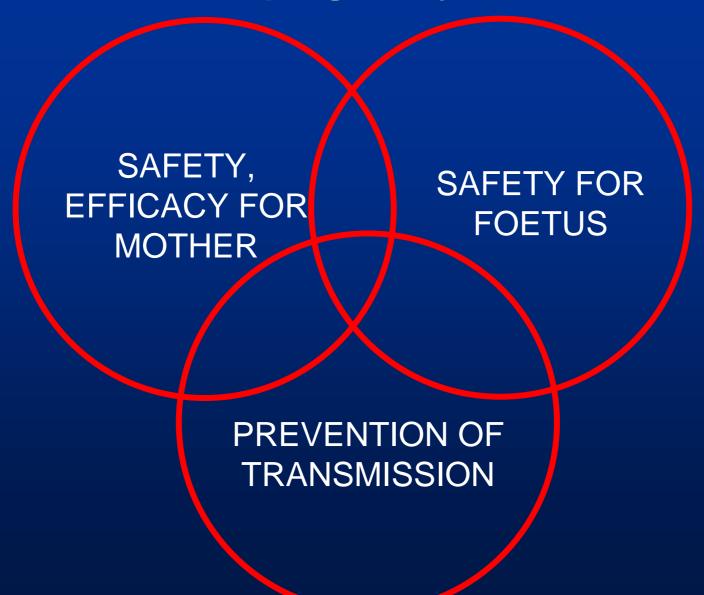
#### **Summary**

# Transmission risk in various "intervention" settings



# What to do about ARV during pregnancy?

# Issues in selection of antiretroviral therapy in pregnancy



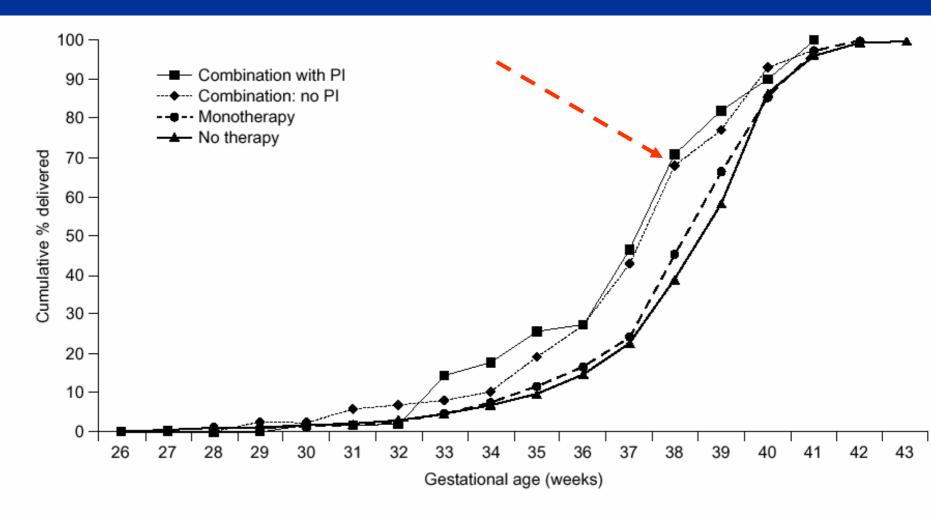


Fig. 1. Cumulative distribution of gestational age at delivery, by treatment group.

European Collaborative and Swiss Mother & Child HIV Cohort Studies
Combination antiretroviral therapy and duration of pregnancy
AIDS 2000;14:2913-2920

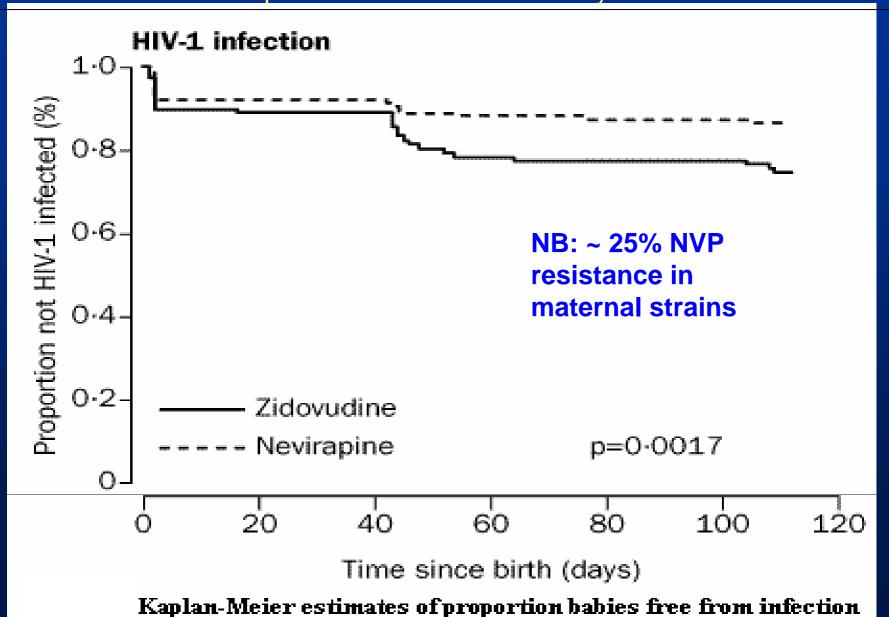
#### ? Adverse effects

- More nevirapine toxicity in women
- Teratogenicity
  - no human reports
  - ? Hydroxyurea
  - CNS risk with efavirenz
  - Amprenavir (cat B3)
    - ? Teratogenicity due to its vitamin E content
- Reports of mitochondrial toxicity in infants
   Blanche, Lancet, 1999 n = 8
   Europ. Coll. Study Gp, JAIDS, 2003 NONE

HIVNET 012 randomised trial: *Guay LA et al. Lancet 1999;354:795-802* (N=626)

Nevirapine 200 mg po at onset labour and 2 mg/kg to babies within 72 h

v. AZT q3h in labour and bd for 7 days to infant



# Broad Principles of Perinatal HIV Management

- Maternal antiviral therapy as indicated for non-pregnant patients
- Recommend 3 part antiviral regimen
   (from 2<sup>nd</sup> trimester, during labour and to newborn)
- Elective caesarean section may reduce risk, especially if VL high
- As breast feeding doubles MTCT risk formula recommended



#### **Baby: Postnatal Management**

- What ARV?
- Safety?
- Any other medications
- What tests and when
- How long is follow-up



### Management of infant after

perinatal

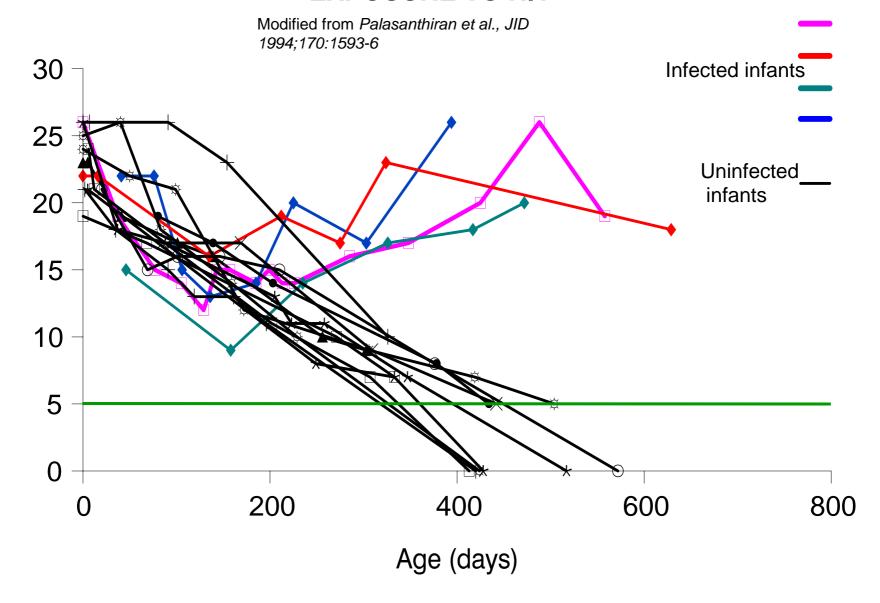
#### **Schedules**

- AZT x 6 w
- or AZT+3TC x 6w
- or *plus* nevirapine (1 (or 2?) dose(s) by day 3)
  - exceptional circumstances

- Antiviral therapy
- Prevent PCP Com πιολαζοιο ριοριτγιαλίο
  - till HIV -ve (usually 3 months)
  - or till 12 m
- Test for the virus HIV DNA PCR (RNA PCR?)
  - day 1
  - weeks 1, 6 & 12
  - 6 m (review at 12 and 18 months)



#### SERODIA HIV ANTIBODY TITRES IN INFANTS WITH PERINATAL EXPOSURE TO HIV



Log base 2 HIV Antibody Titres

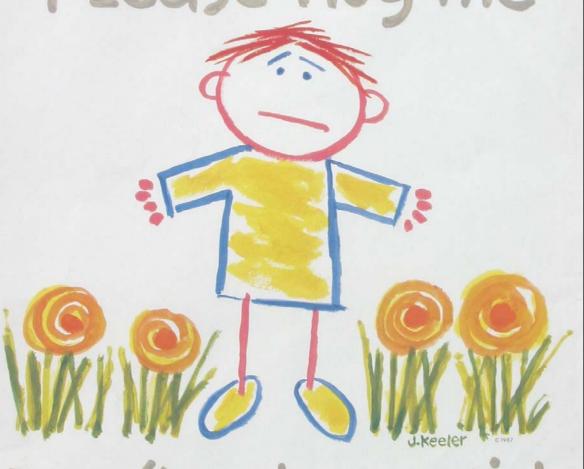
Plot of log base 2 HIV antibodies in infants born to HIV seropositive mothers against age in days. Thin lines represent the uninfected infants and thick lines the infected infants.

#### Management of Infant....contd.

- Monitor growth, development, immune function
- Immunisation routine (but IPV not OPV)
- Annual review
- Support services



# I HAVE AIDS Please hug me



I can't make you sick