# The Study of Congenital Infections



Dr. Sian Munro

#### **Current Studies**

- SCIP Study of Cytomegalovirus (CMV)
  Infection in Pregnancy
- ASCI Amniotic Fluid Study of Congenital Infections
- SHIP Stillborn, High-risk and Preterm
- APSU Australian Paediatric Surveillance
  Unit Congenital CMV

# SCIP – Study of Cytomegalovirus Infection in Pregnancy

■ Aim – To determine the incidence of congenital CMV and to design and implement a screening program

### CMV in Pregnancy

- Main cause of viral congenital disease
- No screening programs
- No vaccines or drug therapy
- Congenital infection can result in:
  - Hearing and vision loss
  - Reduced cognitive skills and fetal death

#### **Congenital CMV Infection**

- Hepatosplenomegaly
- Jaundice
- Microcephaly
- Prematurity
- Chorioretinitis
- Petechiae
- Mental retardation
- Hearing loss



#### Incidence of CMV

- Effects 0.5 2.2% of births
  - 246,300 births in Australia in 2002
  - 370 4930 cases CMV infection in pregnancy
- 10 40% transmitted to child
- 10 20% symptomatic at birth 30% fatal
- 40% of asymptomatic children may develop symptoms up to 5 years later
  - Hearing loss, lack of cognitive skills

#### **Primary Modes of CMV Transmission**



In fetus, perinates, neonates:

Exposure to maternal blood (in utero), cervix, breast milk



• In children:

Close contact as in day care centers



In adults:

Sexual transmission, close contact

### The SCIP Study

- Consent pregnant women who present to the outpatients clinic at the RHW and GTT at the POWH
- Blood samples
  - Serology (IgG, IgM, avidity)
  - Viral DNA detection
- Urine sample
  - Viral DNA detection
  - Virus culture

#### **SCIP** Results

- To date 569 serology results
- 248 never infected with CMV (43.6%)
- At risk of primary CMV infection
  - Childcare centres
  - New partner
- 321 infected with CMV (56.4%)
- At risk of reactivation

#### **SCIP** Results

- 47 IgM positive (recent or reactivated infection)
  - 5 low avidity IgG = possible primary infections
  - 1 documented seroconversion = definite primary infection
- Rate of intrauterine transmission increases with gestation
- Earlier transmission correlates with more severe clinical outcome

#### **SCIP** Results

- Placenta collected from high-risk women
- CMV infection in placental cells
  - Different cell types more common in trophoblast cells
  - Differences in genotype of virus
  - Difference in mother's immune response
- Effect on transmission

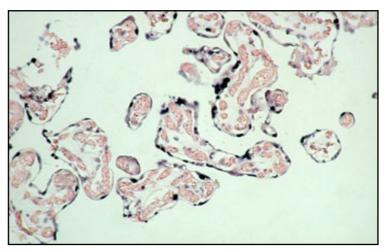
#### In situ PCR

#### Figure 1(a)

In-situ PCR using glycoprotein B (gB) primers (x200)



Corresponding control for section in figure 1(a). Run simultaneously in the absence of DIG incorporation.





## Amniotic Fluid Study of Congenital Infections (ASCI)

- Aim Quantitative testing of multiple viruses in amniotic fluid samples
  - Viral load correlates to fetal outcome
- Consent women undergoing amniocentesis
- Current multiplex PCR:
  - Herpes simplex
  - Varicella Zoster Virus (chickenpox)
  - Cytomegalovirus (CMV)
  - Parvovirus B19
  - Toxoplasma

#### **ASCI**

- Quantitative CMV testing
  - Definite transmission
  - Viral levels define outcome
- Future tests
  - Rubella, Hepatitis C, Enterovirus, LCMV,
    Adenovirus, Adeno-associated virus, HHV-6, HHV-7, HHV-8
- Results 133 samples tested 2003-2004
  - Positive 8 VZV, 6 CMV, 2 HSV, 1 Toxoplasma,
    1 Parvovirus B19

# SHIP – Stillborn, High-risk and Preterm

- Aim To determine the incidence, aetiology and outcome of congenital viral infections in stillborn, high-risk and preterm individuals
- Results 10 congenital CMV cases in 2003/2004
- Viruses associated with adverse clinical outcome:
  - HSV, CMV, EBV, VZV, HHV-6, HHV-7, Adenovirus, Adeno-associated virus, Enterovirus, LCMV, Parvovirus B19, Rubella

## Australian Paediatric Surveillance Unit (APSU)

- Over 1,000 doctors in Australia
- Voluntary, participating investigators reporting cases

## APSU - Australian Paediatric Surveillance Unit

- Aim To determine the aetiology and clinical features of Australian congenital CMV infections
- Results 70 cases of congenital CMV reported between 1999-2002
- Common symptoms:
  - Petechiae, purpurae, thrombocytopaenia,
    splenomegaly and hepatomegaly (39-47%)
  - Maternal febrile illness (54%)

#### Outlook and Deliverables

- More informative serology testing
- Able to assess transmission
  - Detect virus in amniotic fluid
- Better outcome for mother and child
  - Better assessment of risks
- Better follow-up for high risk cases
  - Asymptomatic cases detected

# Thank you

