

# Emerging paramyxoviruses in Australia

## Hendra and Menangle

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# Emerging paramyxoviruses in Australia

## Overview

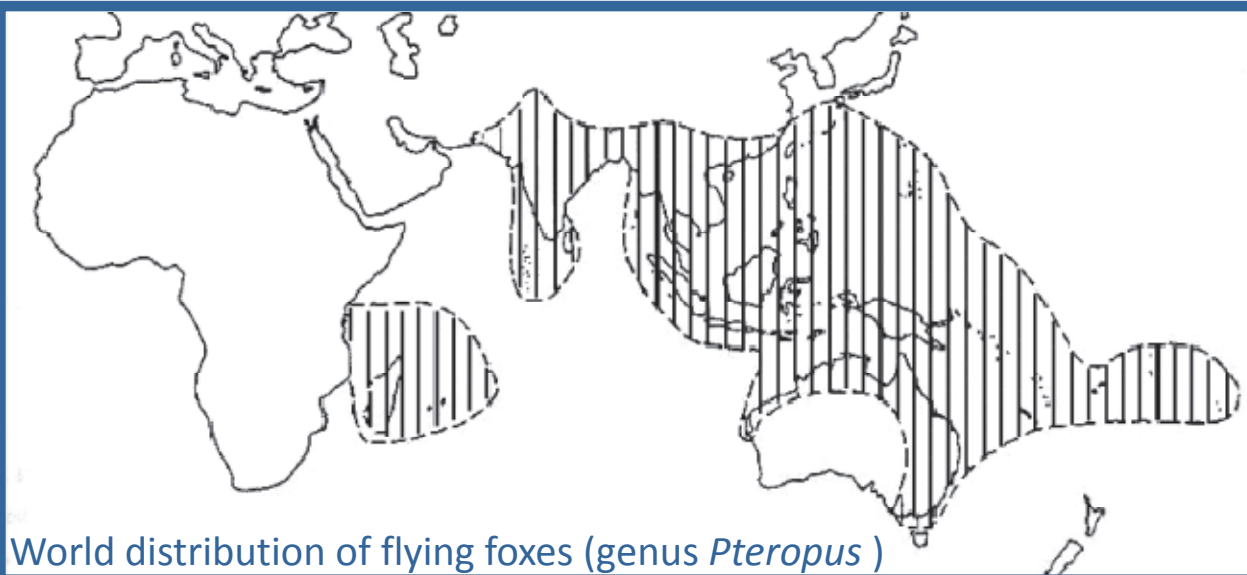
- Virology, pathogenesis
- Epidemiology
- Clinical disease in animals & humans
- Recent developments in therapeutics & prevention
- Implications for veterinary infection control

# Recently described paramyxoviruses associated with bats

- Hendra virus (Australia, 1994)
- Menangle virus (Australia, 1997)
- Nipah virus (Malaysia, 1998)
- Tioman virus (Malaysia, 1999)



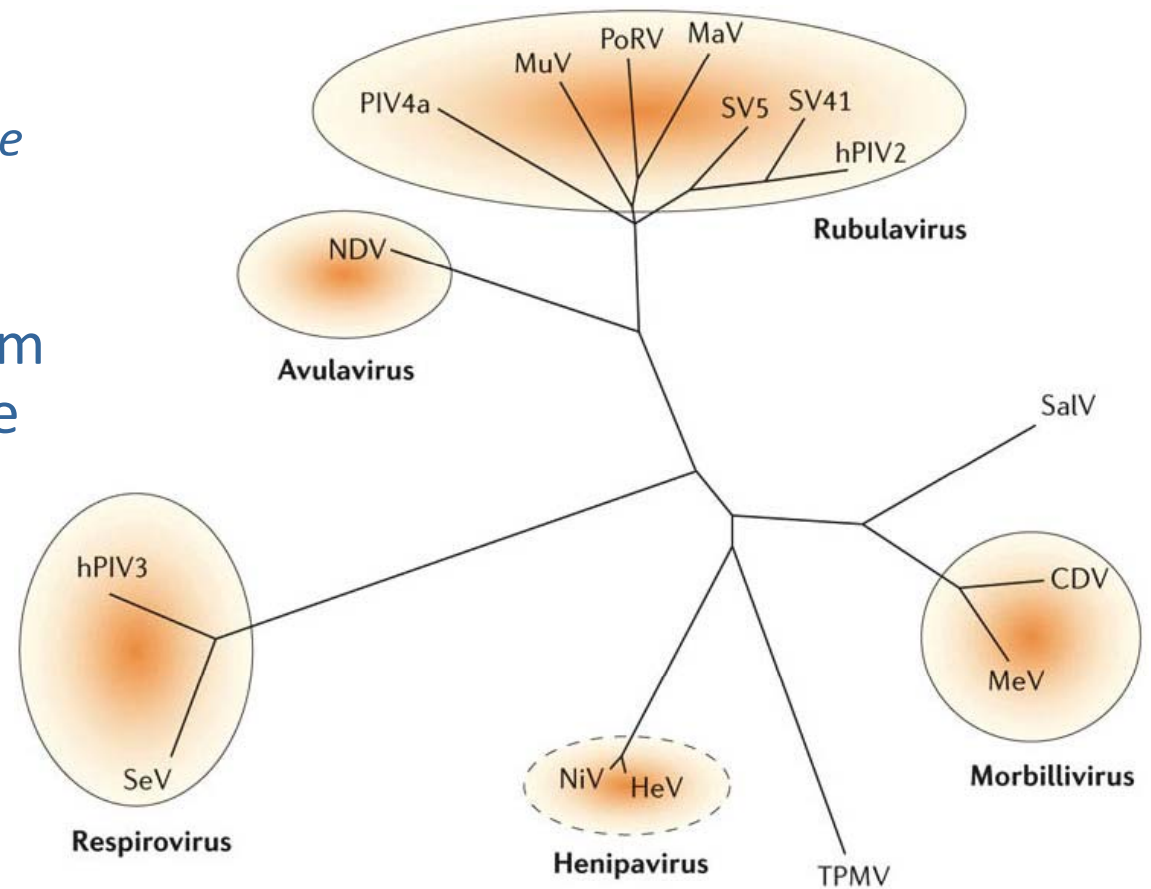
*Pteropus poliocephalus*



World distribution of flying foxes (genus *Pteropus*)

# Background Hendra virus

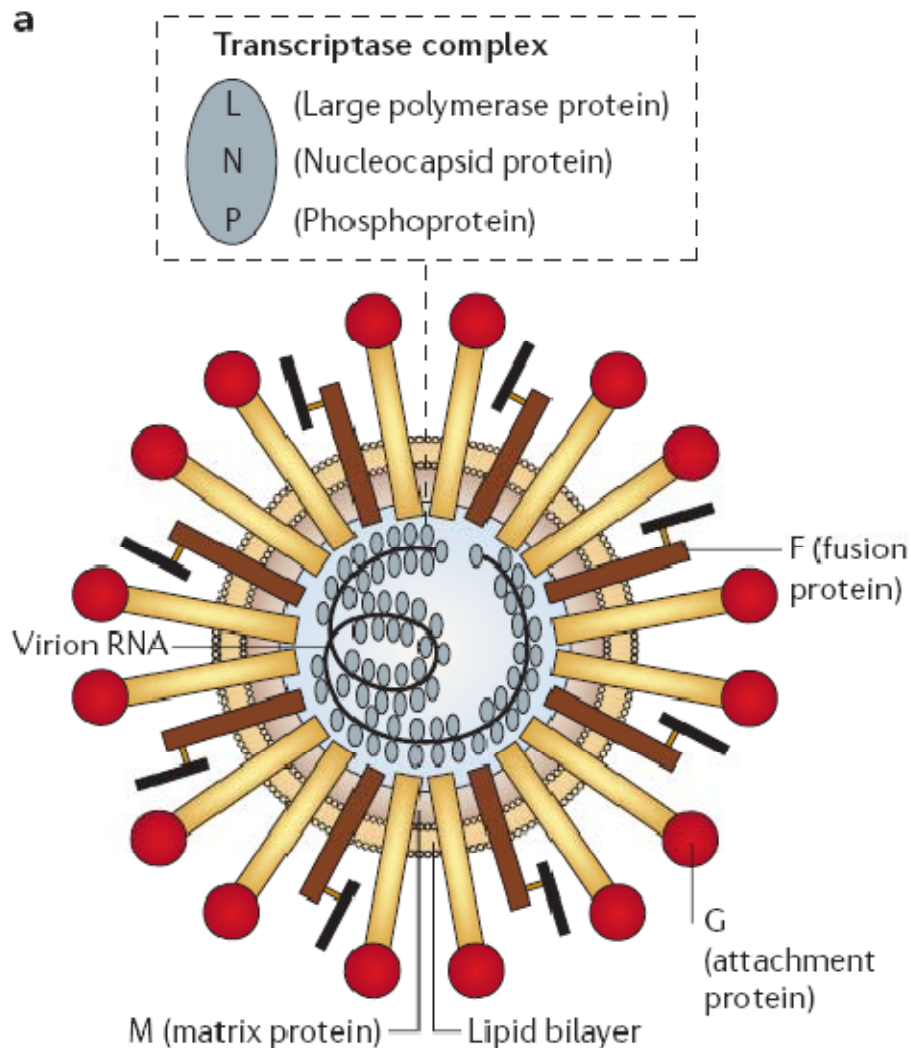
- Family *Paramyxoviridae*
  - Subfamily *Paramyxovirinae*
    - Genus *Henipavirus*
- First recognised 1994 from outbreak at Hendra horse stables in Brisbane
- Initially designated:
  - Acute equine respiratory syndrome
  - Equine morbilliform virus



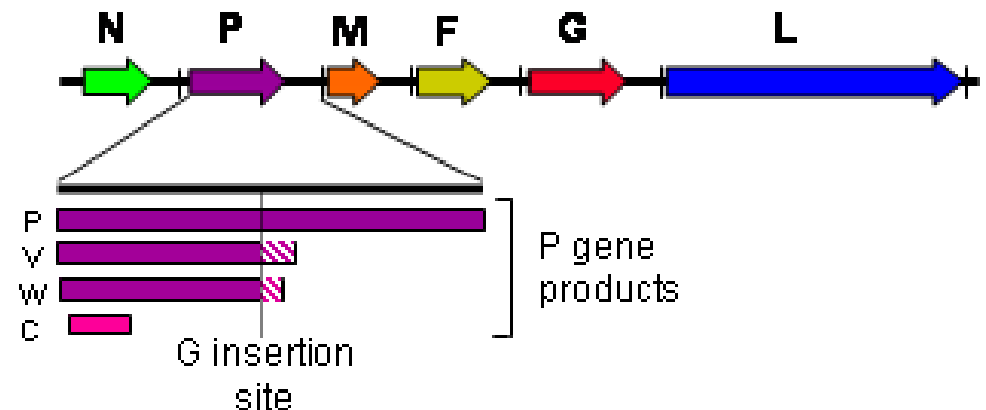
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Nature Reviews | Microbiology

From: Eaton et al., Nature Rev Microbiol 2006;4:23-35

# Hendra virus structure and genome

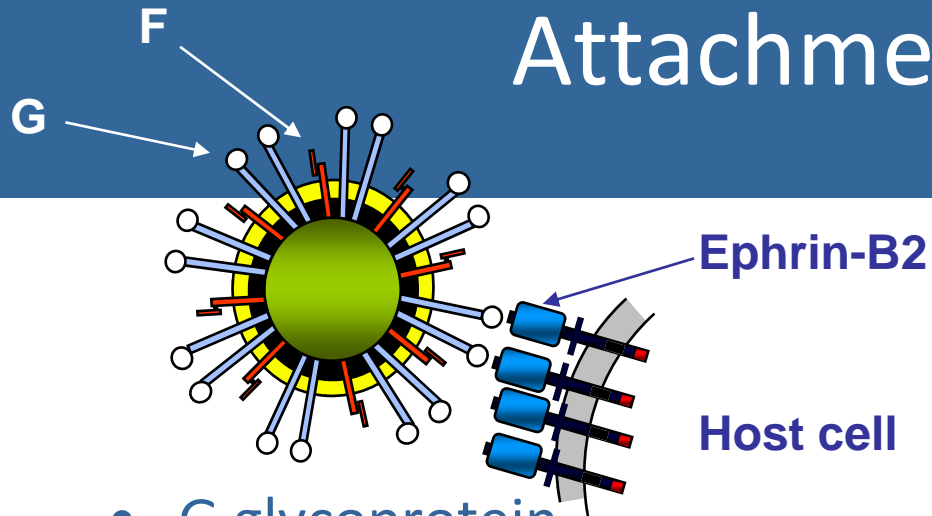


- Large genome: 18,234 nucleotides (~15% longer than most other paramyxoviruses)
- Typical paramyxovirus genome structure



From: Eaton et al., Nature Rev Microbiol 2006;4:23-35

# Attachment, fusion, cell entry



- Explains:
  - Broad host range
  - Systemic nature of infection

- G glycoprotein
  - Binds to **Ephrin-B2**
  - Highly conserved and ubiquitously-distributed surface glycoprotein
  - Present in small arterial endothelial cells & neurones
  - Ligand for **Eph** class of receptor tyrosine kinases
- F glycoprotein:
  - Precursor ( $F_0$ ) cleaved into biologically active  $F_1$  &  $F_2$  by lysosomal cysteine protease **Cathepsin L** after endocytosis
  - Conformational change into **trimer-of-hairpins** structure

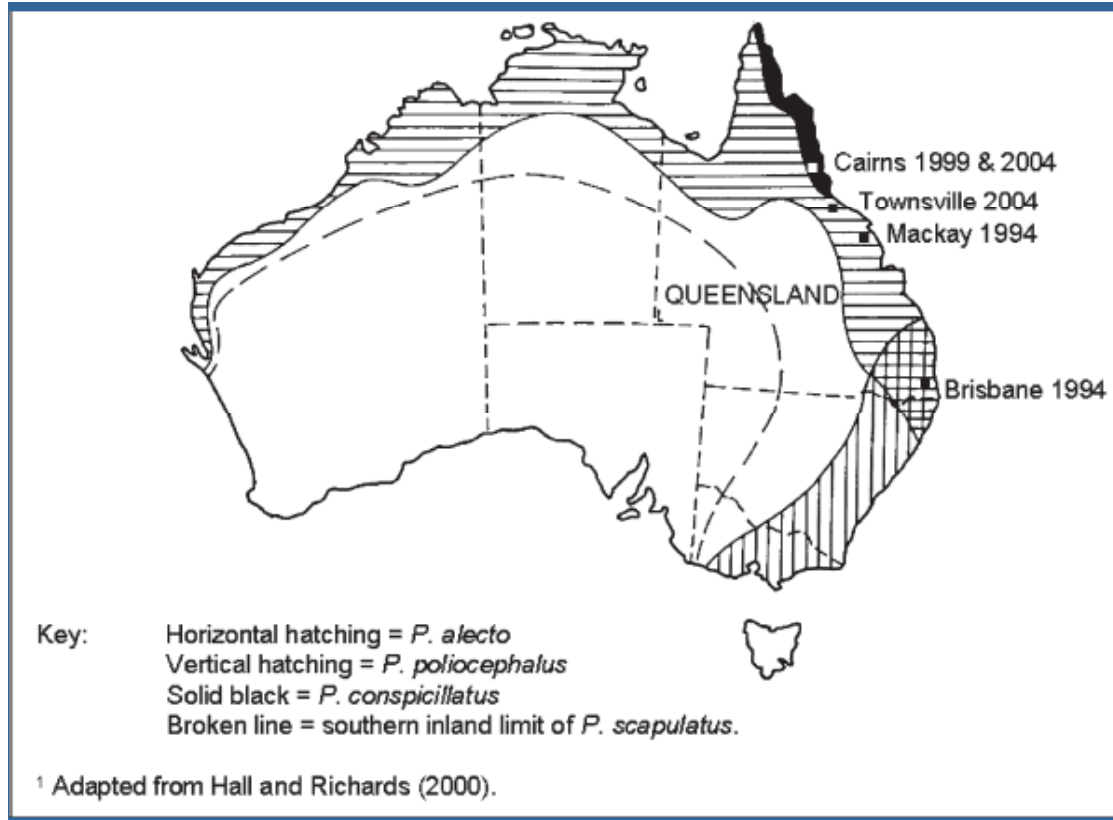
Bonaparte MI, et al. (2005). PNAS 102: 10652-57.  
Negrete OA, et al. (2005) Nature 436: 401-405.  
Negrete OA, et al. (2006) PLoS Pathog 2: e7.

Bishop KA, et al. (2007) J Virol 81: 5893-5901.  
Bossart K et al. (2005). Virol J 2:57.  
Pager CT et al. (2005). J Virol 79:12714-20.

# Epidemiology

## Flying foxes

- Flying foxes of genus *Pteropus*



- Seroprevalence ~50%
- HeV isolated from birthing fluids, placental material, and aborted pups
- Experimentally isolated from urine
- No apparent clinical disease
- Duration of infection, immunity & dynamics of infection within/between colonies uncertain
- Overlapping distribution of HeV & NiV between Australian & SE Asia

# Epidemiology Transmission

- Virions susceptible to desiccation<sup>1</sup>
- Bat-to-horse:
  - Contamination of pastures & feed with bat gestational products, urine, &/or spats
- Horse-to-horse:
  - More likely in stabled (rather than paddocked) situations
  - Contamination of stable environment/common equipment?
- Horse-to-human:
  - Droplet spread to mucosal surfaces with infected respiratory secretions
  - Direct contact to non-intact skin
  - Attack rate among highest risk exposures ~10-20%
- Bat-to-human:
  - Not documented in bat handlers despite extensive contact with saliva, urine, faeces etc
- Human-to-human :
  - Not documented in close domestic or HCW contacts

Observed epidemiology of NiV suggests bat-to-human & human-to-human potential of HeV

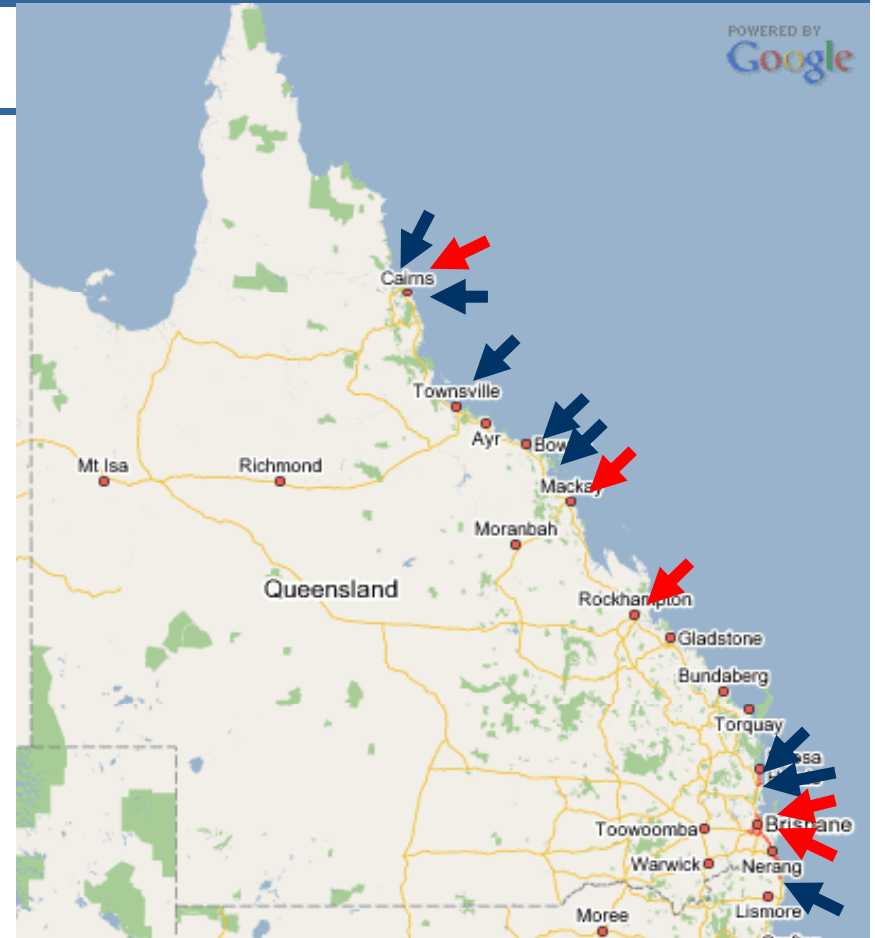
<sup>1</sup>Fogarty et al. Virus Res 2008;132:140-4



# HeV epidemiology

## “Spill over” events: 1994-Sept 2009

Date	Location	Equine cases	Human cases
Aug 1994	Mackay, Qld	2	1
Sept 1994	Hendra, Qld	22	2
Jan 1999	Cairns, Qld	1	
Oct 2004	Cairns, Qld	1	1
Dec 2004	Townsville, Qld	1	
June 2005	Peachester, Qld	1	
Oct 2006	Murwillumbah, NSW	1	
June 2007	Peachester, Qld	1	
July 2007	Clifton Beach, Qld	1	
July 2008	Thornlands, Qld	5	2
July 2008	Proserpine, Qld	2	
Aug 2009	Cawarral, Qld	4	1
Sept 2009	Bowen, Qld	2	



- All events temporally associated with flying fox activity in region
- Equine index cases typically paddocked in areas attractive to flying foxes (fruiting trees etc)
- Apparent increase in “spill over” events

# Clinical manifestations

## Equine infection



- 42 recognised equine cases
- 75% case fatality rate
- Course of illness for fatally infected horses: 2 days from initial signs of infection to death
- HeV excreted in respiratory samples at least 2 days prior to symptoms

- Fever, tachycardia
- Respiratory manifestations:
  - Tachypnoea, respiratory distress, nasal discharge, and/or
- Neurological manifestations:
  - Ataxia, head tilt, facial nerve paralysis

- Post mortem findings:
  - Widespread systemic vasculitis, endothelial syncytial cells

# Hendra, Brisbane







# Hendra, September 1994



- Explosive outbreak of unknown infectious agent involving 22 horses and 2 humans (1 fatal)



# Clinical manifestations

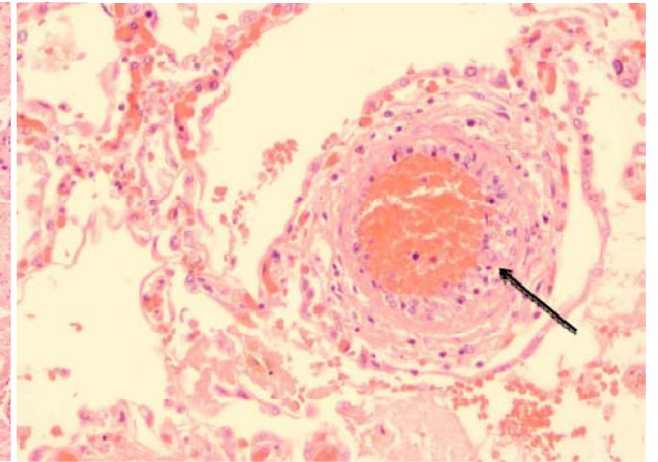
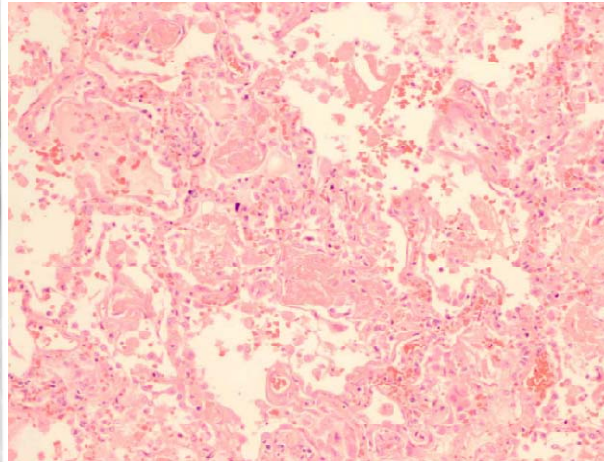
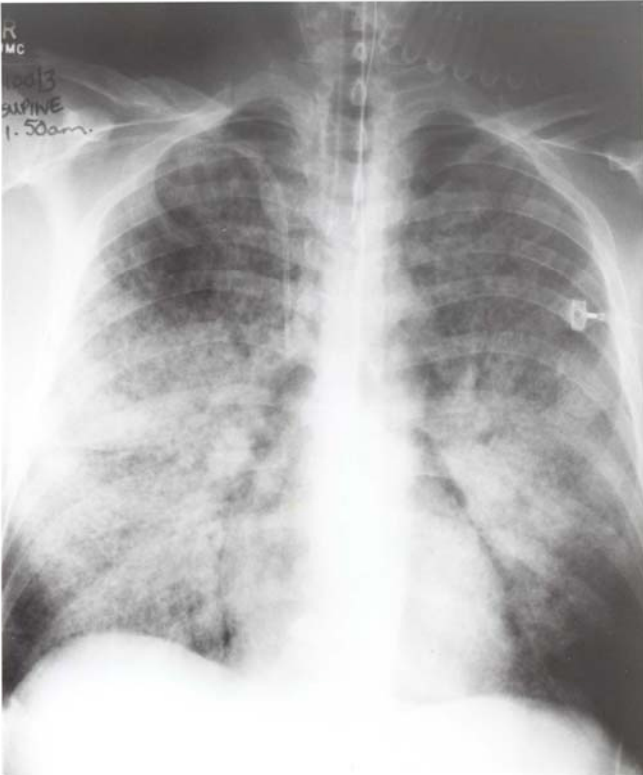
## 1994 Hendra outbreak

Case	Date	Exposure to infected horses	Clinical syndrome	Outcome Post mortem findings
<b>1:</b> 40-yo stable hand	Sept 1994	Respiratory secretions	'Influenza-like' illness	Recovery, no relapse
<b>2:</b> 49-yo trainer	Sept 1994	Respiratory secretions	Pneumonitis, multi- organ failure, fatal	Died (day 13 illness)  PM: widespread vasculitis (incl. brain), severe pulmonary necrotising alveolitis, mild meningeal/brain parenchymal inflammation



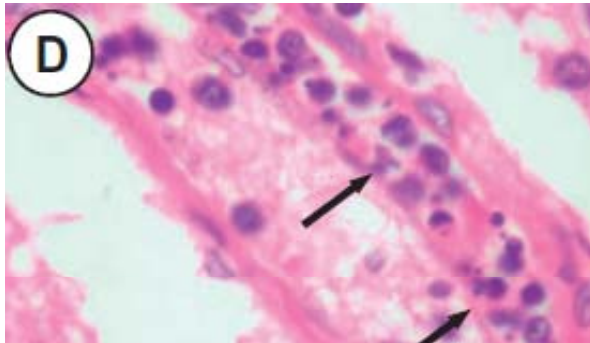
# HeV clinical manifestations

## Case 2: Pneumonitis

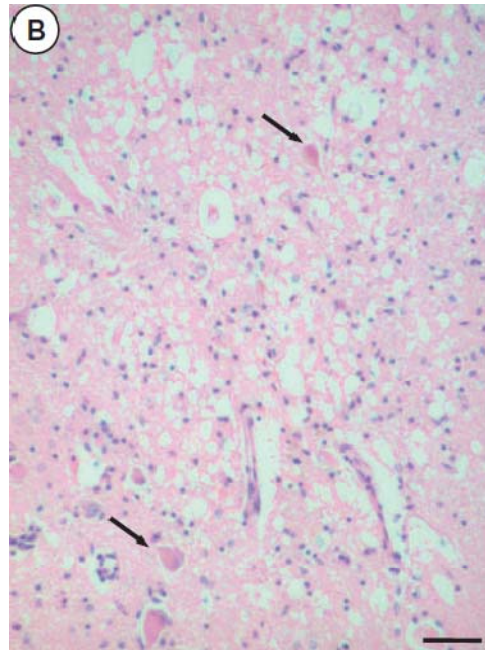
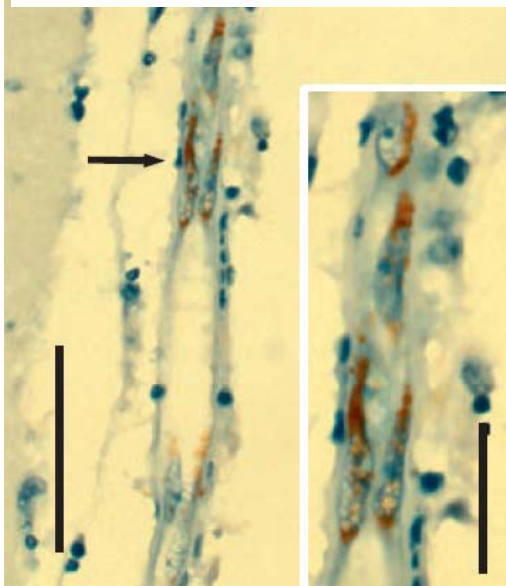


- Diffuse alveolar damage
  - Widespread hyaline membranes
  - Numerous intra-alveolar macrophages
- Pulmonary thromboemboli
- Viral antigens on IHC

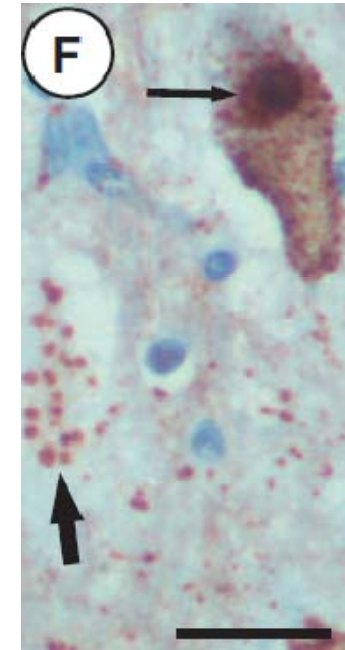
# HeV neuropathological findings: Case 2



Vasculitis in meningeal & brain parenchymal blood vessels with HeV antigens



Necrotic/  
vacuolar  
plaque in the  
dentate  
nucleus



HeV  
antigens in  
neuronal  
cytoplasm  
& nucleus

## Summary:

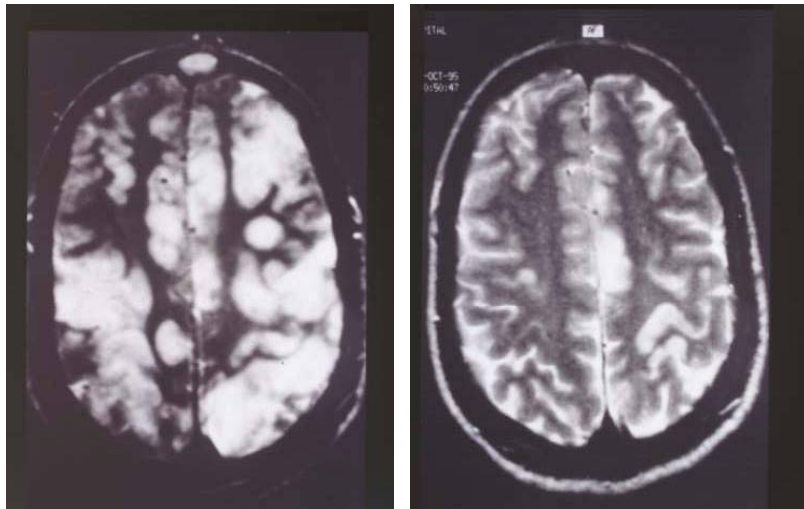
- Focal vasculitis & endotheliitis in meninges & parenchyma
- Viral antigens in endothelial cells
- Small necrotic/vacuolar plaques
- Mild lymphocytic leptomeningitis



# Clinical manifestations

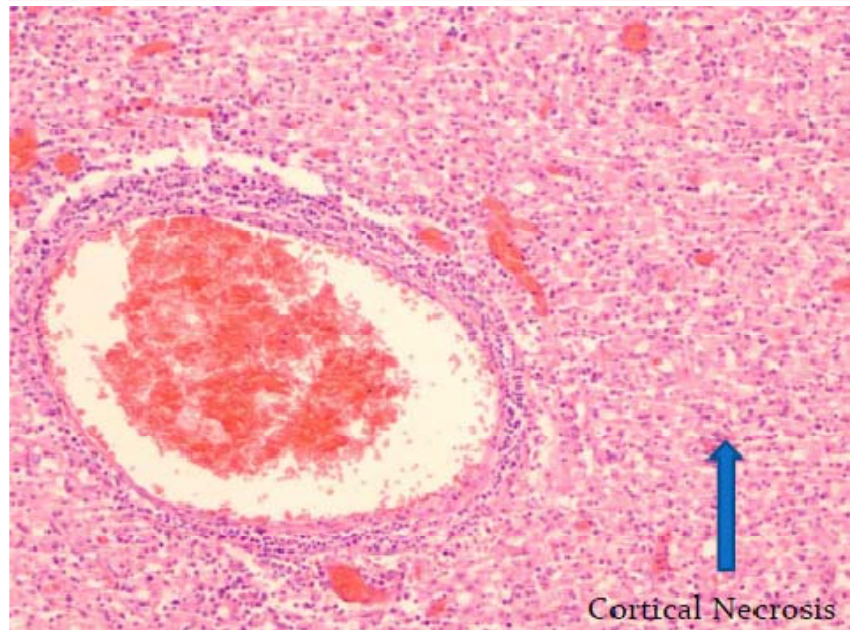
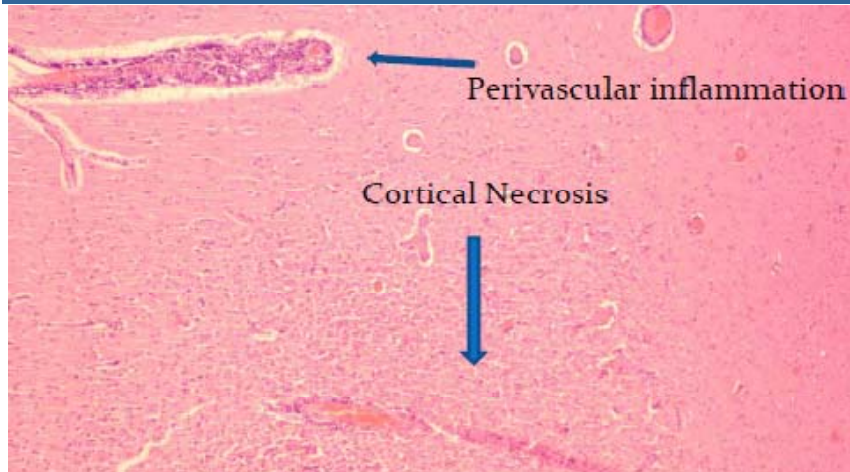
## 1994 Mackay outbreak\*

Case	Date	Exposure to infected horses	Clinical syndrome	Outcome Post mortem findings
3: 36-yo farmer	Aug 1994	Assisted with necropsy	Aseptic meningitis with recovery (Aug 1994)  Relapsed with fatal encephalitis 13 months later (Sept 1995)	Died (day 25 illness)  PM: confluent areas neuronal loss, brain parenchymal & perivascular inflammation; no significant non-CNS pathology



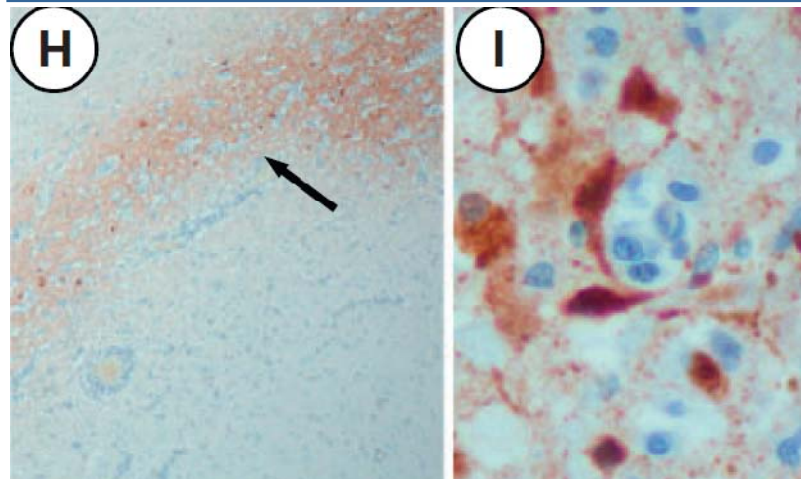
\*Outbreak recognised retrospectively in 1995

# HeV neuropathological findings: Case 3



## Summary:

- Severe widespread multifocal necrotising encephalitis
- Severe neuronal loss
- Viral antigens in surviving neurons
- Widespread lymphocytic cuffing
- No true vasculitis



HeV antigens in neurones within & surrounding inflammatory lesions

From: K  
Uranker and  
Wong et al.  
Neuropathol  
Appl  
Neurobiol.  
2009;35:296-  
305

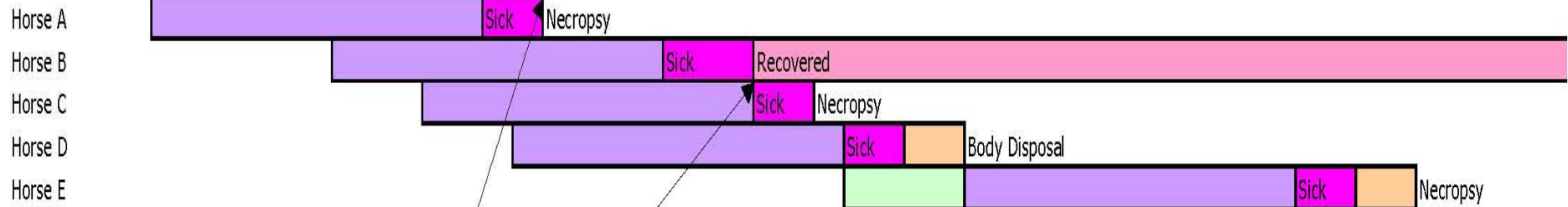
# Clinical manifestations

## 2004 Cairns outbreak

Case	Date	Exposure to infected horses	Clinical syndrome	Outcome
4: Veterinarian	Nov 2004	Performed necropsy	'Influenza-like' illness	Recovery, no relapse

# Redlands Veterinary Hospital Thornlands, July 2008

## Horses

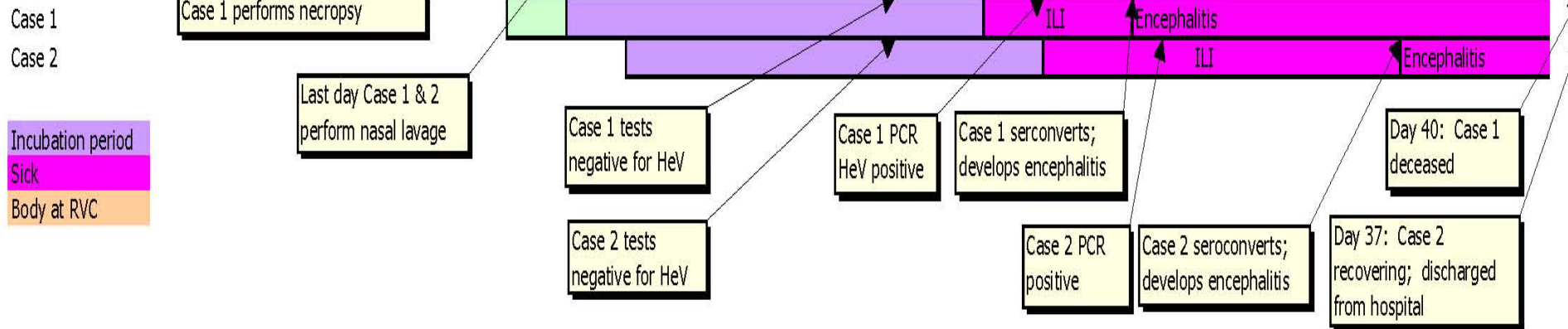


June

July

14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

## Humans



Incubation period

Sick

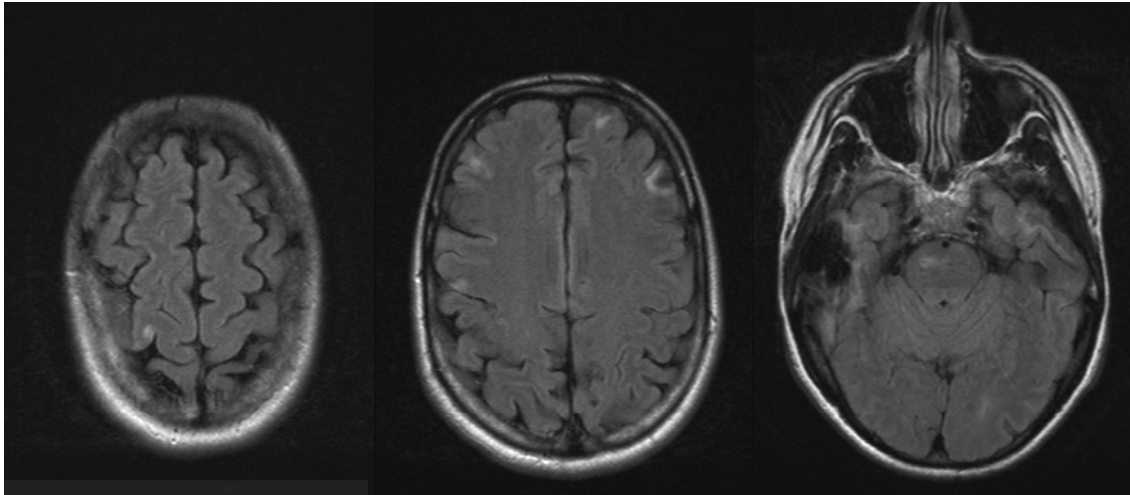
Body at RVC

# Clinical manifestations

## Thornlands, July 2008: Patient 1

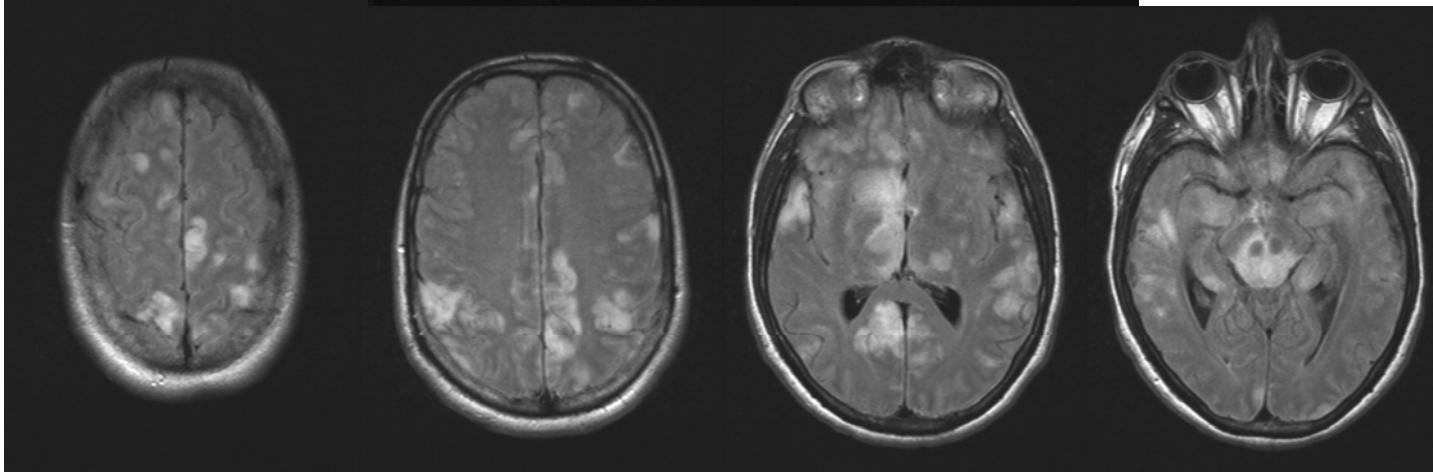
- 33-yo veterinarian: severe progressive encephalitis:
  - Initially developed ILI (onset 16 days after performing necropsy/9 days after performing nasal lavage)
  - Cognitive impairment, ataxia, dysarthria (day 5), seizures (day 10), non-responsiveness, and death (day 31)
  - CSF: RT-PCR positive on CSF
  - EEG: absent stable rhythm, periodic sharp waves
  - MRI: progressive widespread hyperintense foci and restricted diffusion c/w severe ischaemic damage
  - Received high-dose iv Ribavirin (days 5-16)





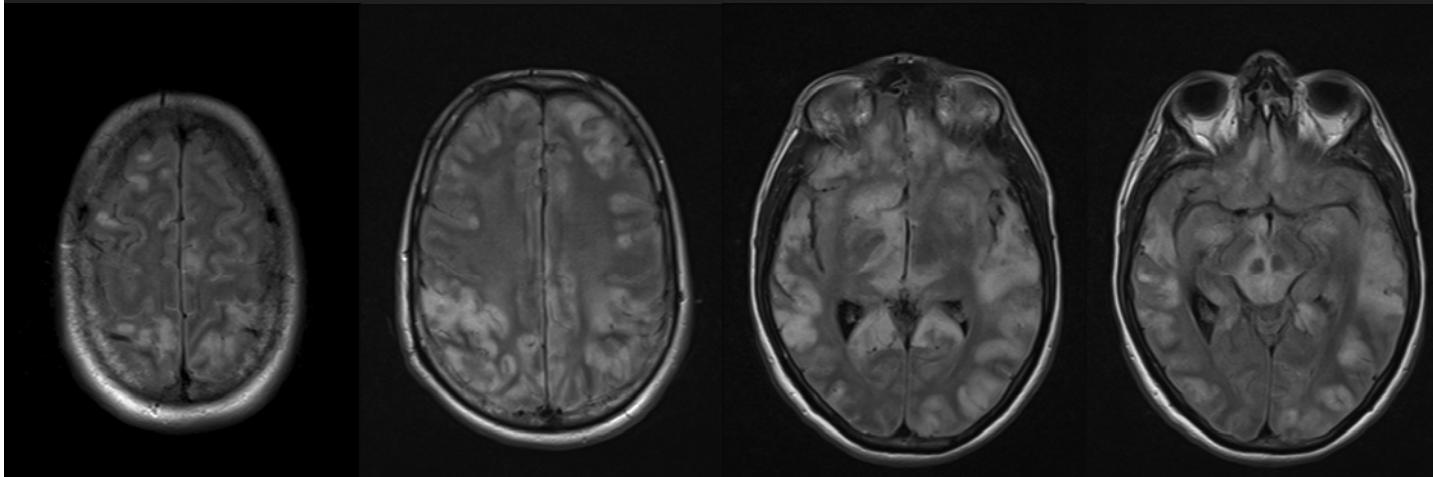
#### Day 5 (T2 FLAIR):

- Multifocal cortical & pontine lesions



#### Day 18 (T2 FLAIR):

- Innumerable cortical and subcortical hyperintense foci
- New areas involving thalami and midbrain



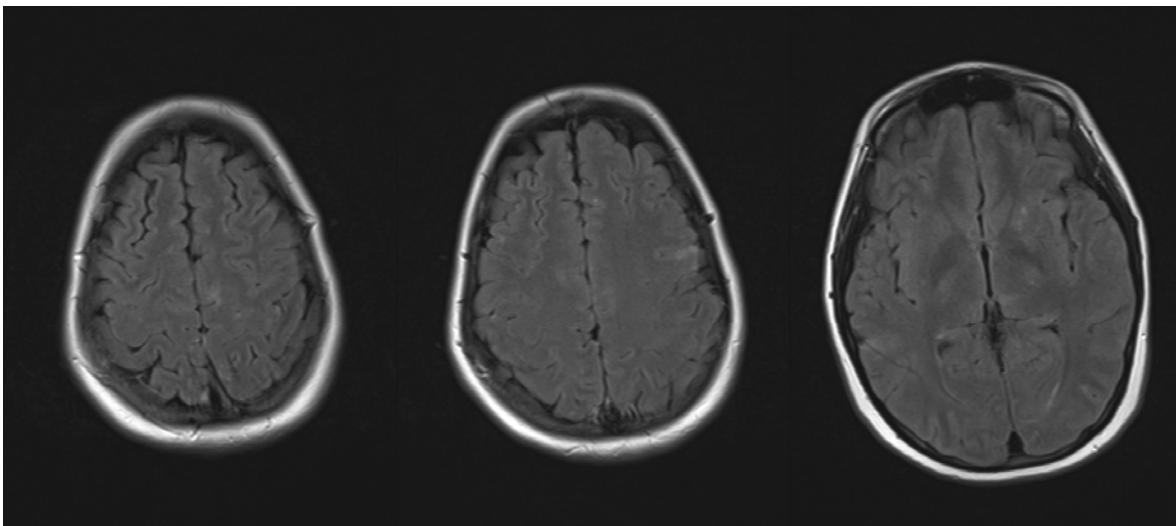
#### Day 25 (T2 FLAIR):

- Progressive generalised involvement

# Clinical manifestations

## Thornlands, July 2008: Patient 2

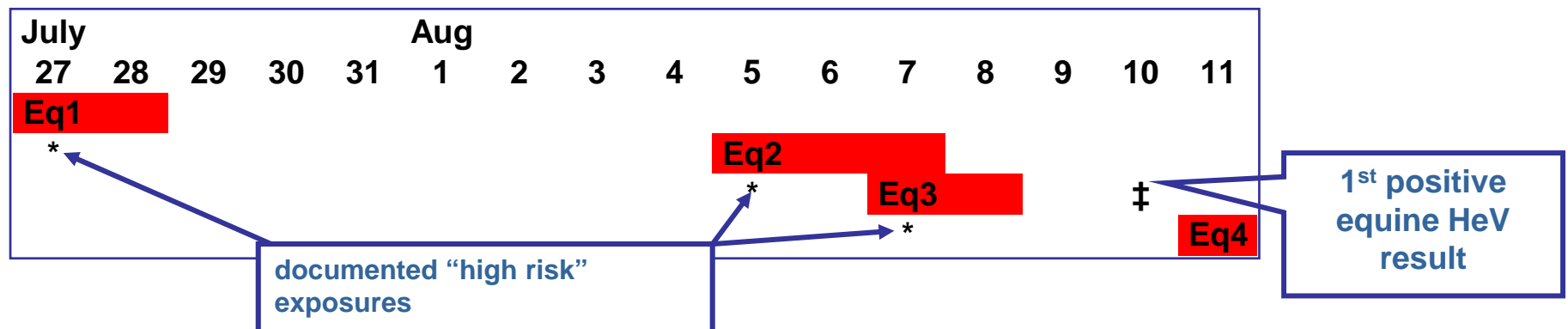
- 21-yo veterinary nurse: milder encephalitic features:
  - Initial ILI (onset 11 days after performing nasal lavage on infected horse)
  - Cognitive impairment, ataxia, dysarthria
  - CSF: pleocytosis but negative RT-PCR
  - EEG: slow wave activity
  - MRI: scattered hyperintense cortical, deep white matter foci and leptomeningeal enhancement
  - Recovery (day 29) with residual high-level deficits
  - Received iv Ribavirin (days 4-29), then oral (to 6 months)
  - No relapse (at 18 months) but residual high-level deficits



# Thoroughbred stud, Cawarral (Rockhampton)

## Early August 2009

- Four infected horses, manifesting febrile illnesses with neurological & respiratory signs:
  - Horse 1: died 28/7/09, initially attributed to snake bite
  - Horses 2 & 3: died 7/8/09 & 8/8/09; suspected as HeV infection
  - Horse 4: illness 11/8/09; confirmed positive/euthanized 24/8/09



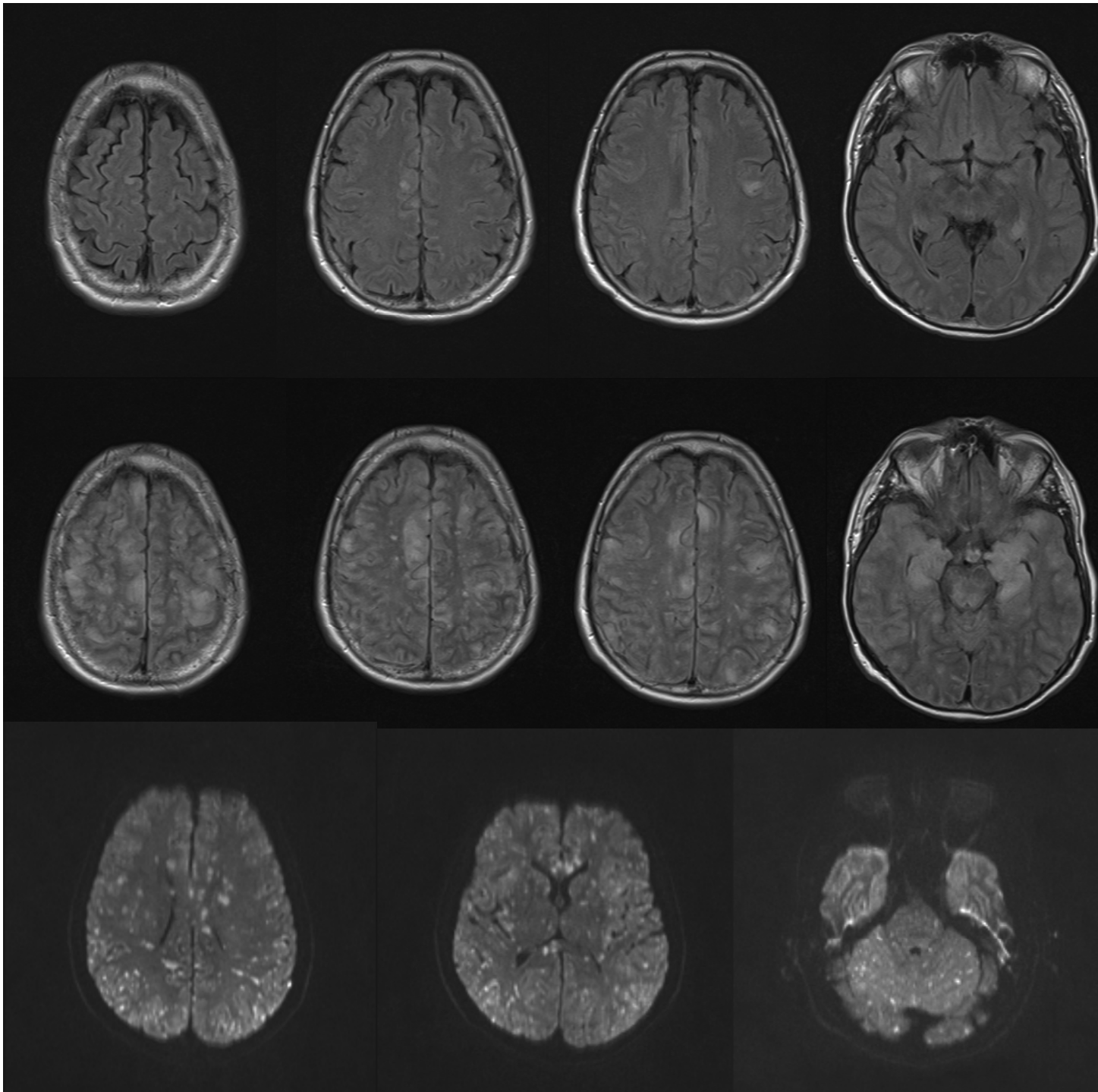
- Four persons with “high risk” exposures:
  - One exposed to index horse 14 days previously
  - Three exposed 5 days previously
  - All received 5-day course iv Ribavirin (30 mg/kg load; 15 mg/kg q6h) & oral hydroxychloroquine (400mg q12h)
- Multiple others with lower risk exposures



# Clinical manifestations

## Cawarral, August 2009

- 51-yo veterinarian:
  - Previously well
  - Performed endoscopy without PPE on index equine case day prior to death
  - Had received 5-day course iv Ribavirin/ po Hydroxychloroquine at 14 days post-exposure
  - *Next day* (i.e. day 21 post-exposure):
    - Presented with rapidly progressive encephalitis:
    - Seizures, obtundation → intubated/ventilated/sedated
    - Multifocal MRI involvement
  - Administered human iv anti-HeV/NiV G glycoprotein MAb (day 3)
  - Progressive encephalitic manifestations → death (day 19)



### Day 2 (T2 FLAIR):

- Multifocal cerebral & deep white matter hyperintensities

### Day 9 (T2 FLAIR):

- Extensive multifocal cerebral & brainstem hyperintensities

### Day 9 (DWI):

- Extensive areas of cerebral diffusion restriction (c/w infarction)

# Human HeV infections

## Summary

	No. human cases	No. deaths
Self-limited 'influenza-like' illness	2	0
Multi-organ failure with predominant pulmonary involvement	1	1
Aseptic meningitis with late relapsing encephalitis	1	1
Acute encephalitis	3	2
<b>Total</b>	<b>7</b>	<b>4</b>

- Incubation period:
  - Range, 5-21 days
- Exposures:
  - All experienced close unprotected mucosal &/or cutaneous exposures to respiratory secretions &/or blood from horses with unrecognised infection

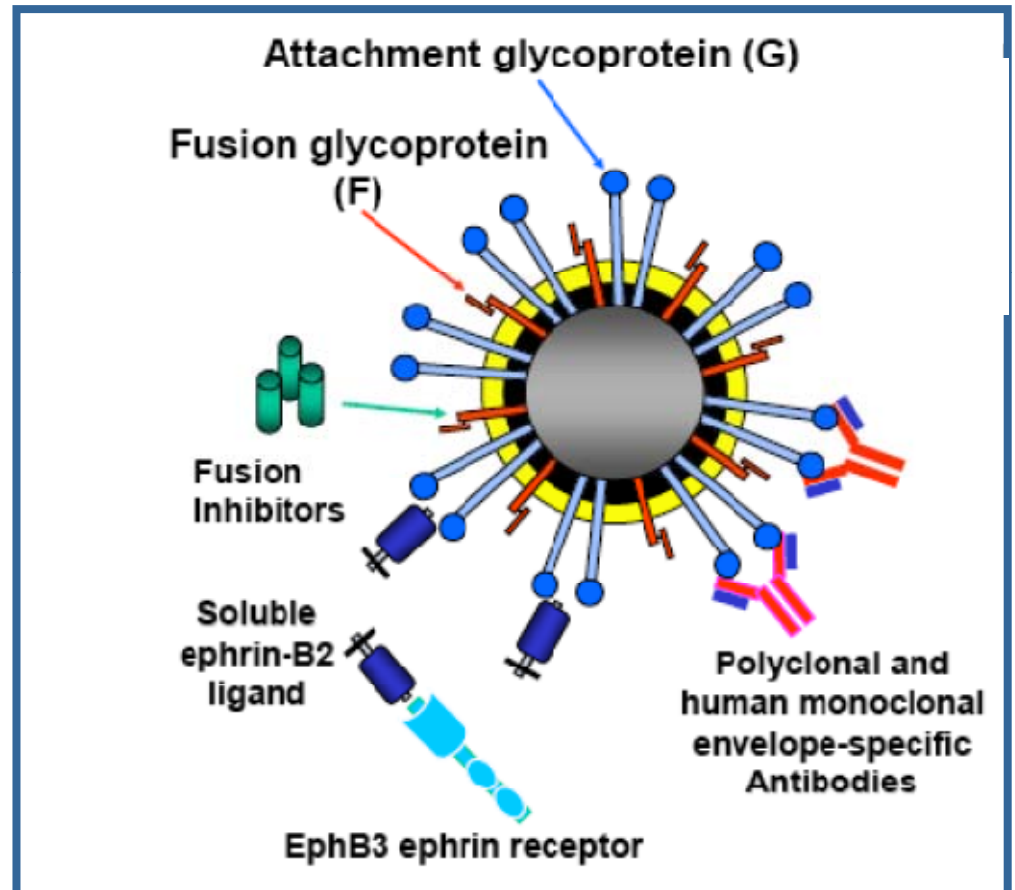
# Public Health investigations

## Follow-up of humans exposed to equine HeV

Outbreak	Number exposed	PPE use	Infection
Hendra, 1994	8 close contact with infected horses	0%	2 (25%)
Thornlands, 2008	14 staff with “high risk” exposures	7%	2 (14%)
Cawarral, 2009	4 stud workers with “high risk” exposures	0%	1 (25%)

# Candidate therapies

- Attachment, fusion, entry:
  - Passive Ab therapy (targeting F,G)
  - Soluble receptor-based strategies (targeting G, Ephrin B2)
  - Fusion inhibitors
- Viral replication
  - Ribavirin



# Ribavirin

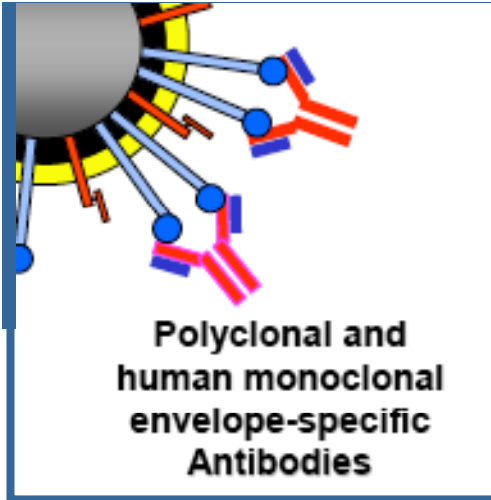
- In vitro:
  - 50-fold reduction in HeV yield & 9-fold reduction in RNA synthesis at 12 mg/L<sup>1</sup>
- In vivo (Hamster model):
  - RBV (25-50 mg/L) delayed but did not prevent death<sup>2</sup>
- Observational study from two Malaysian centres<sup>3</sup>:
  - 140 patients with NiV encephalitis treated with (mostly oral) RBV vs 54 controls
  - Mortality: 32% vs 54% (p=0.006)
- Clinical experience with high dose iv RBV for human HeV infection:
  - Achievable serum/CSF concentrations =10-13 mg/L
  - IC<sub>90</sub> (in Vero E6 cells) =64 mg/L

<sup>1</sup>Wright et al. Arch Virol 2005;150:521-32; <sup>2</sup>Geogres-Coubot et al. Antimicrob Agents Chemother 2006;50:1768-72 <sup>3</sup>Chong et al. Ann Neurol 2001;49:810-3;

# Chloroquine

- In vitro:
  - 50% inhibition of HeV & NiV infection with Chloroquine (2  $\mu$ M)<sup>1</sup>
  - ?inhibition of Cathepsin L
- In vivo:
  - No protective effect as prophylactic or post-exposure therapeutic for NiV infection in ferret model<sup>2</sup>

<sup>1</sup>Porotto et al. J Virol 2009;83:5148-55; <sup>2</sup>Pallister et al. J Virol 2009;83:11979-82



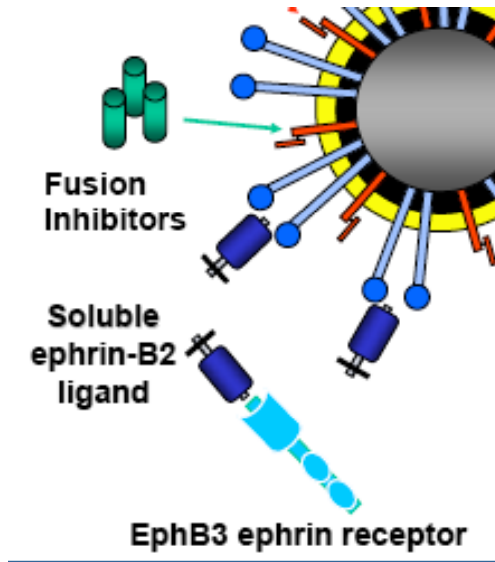
# Passive antibody approaches

- Target NiV &/or HeV F & G glycoproteins
- Polyclonal<sup>1</sup>, murine MAb<sup>2</sup>:
  - Protective in animal models (hamster, ferret) with NiV challenge
  - Greater efficacy with pre- (rather than post-) challenge administration
- Human MAb:
  - Several candidate anti-G MAbs identified<sup>3</sup> (most potent cross-reactive MAb designated 102.4)<sup>4</sup>
  - Protective in ferret model administered 10h post-NiV challenge<sup>5</sup>
  - 102.4 administered to Case 7 with encephalitis

<sup>1</sup>Guillame et al. J Virol 2004;78:834-40; <sup>2</sup>Guillame et al. J Virol 2006;80:1972-8; <sup>3</sup>Zhu et al. J Virol 2006;80:891-9; <sup>4</sup>Zhu et al. J Infect Dis 2008;197:846-53; <sup>5</sup>Bossart et al. PLoS Pathogens 2009;5:e1000642



# Soluble receptors & fusion inhibitors



- In vitro data:
  - Soluble receptors:
    - Soluble Ephrin-B2<sup>1</sup>
    - Soluble EphB4,B1<sup>2</sup>
  - Several potential fusion inhibitors:
    - Heptad-derived peptides<sup>3</sup>
    - F protein binders<sup>4</sup>
    - Cathepsin L inhibitors (?chloroquine)

<sup>1</sup>Negrete et al. Nature 2005;436:401-5; <sup>2</sup>Bonaparte et al. PNAS 2005;102:10652-7; <sup>3</sup>Bossart et al. J Virol 2002;76:11186-98;

<sup>4</sup>Niedermeier et al. J Med Chem 2009;52:4257-65

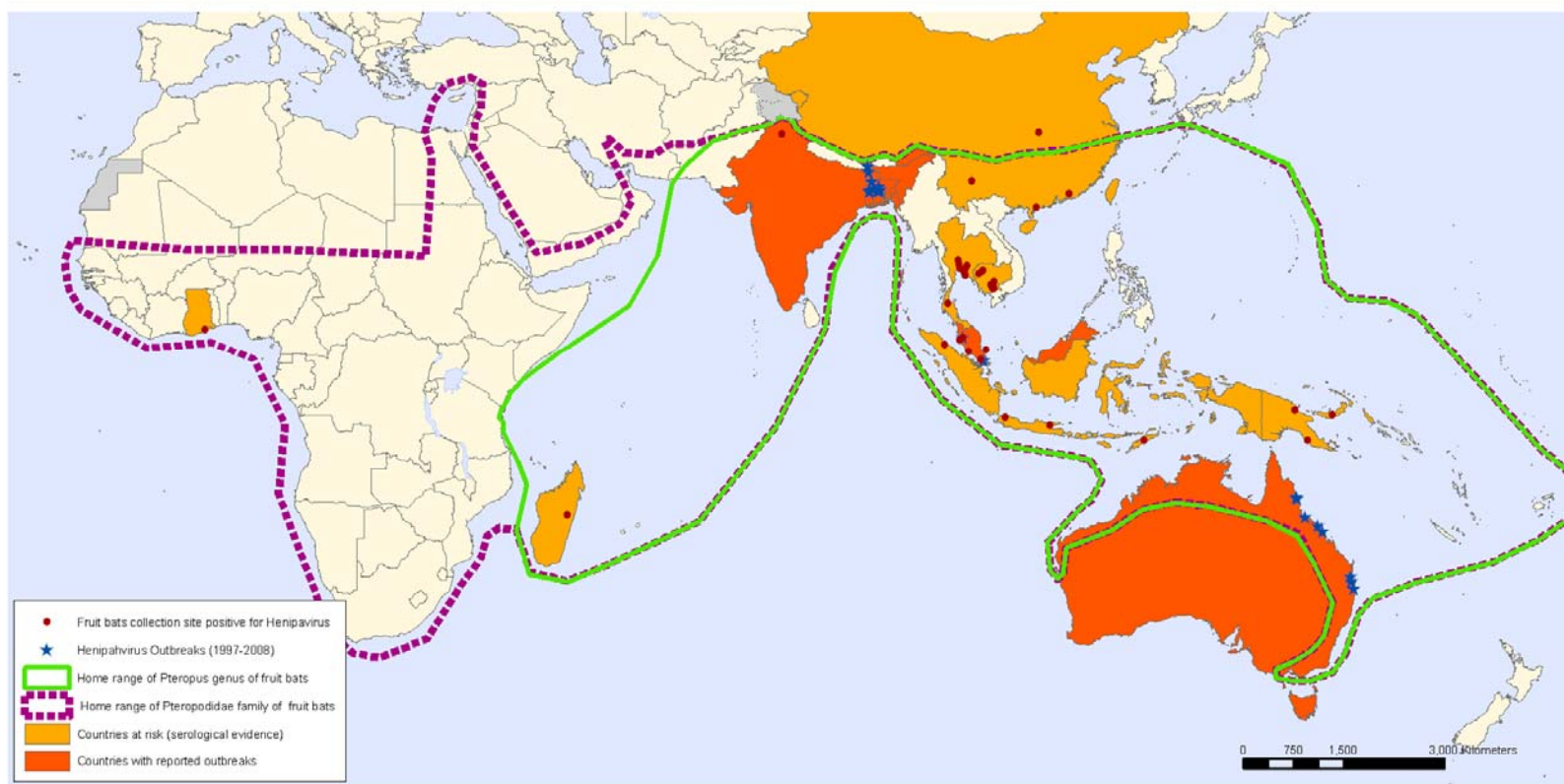
# Vaccine progress

- All based upon G &/or F glycoproteins
- Using either viral vectors or recombinant soluble antigens
- All induce neutralising antibodies

Vaccine	Animal model	Adjuvant	Notes
Vaccinia virus encoding NiV F or G	Hamsters NiV challenge	None	Up to 5 months' immunity demonstrated
Canarypox virus encoding NiV F or G	Pigs NiV challenge	None	
Recombinant HeV or NiV soluble G	Cats NiV challenge	CSIRO triple adjuvant	Cross protection from HeV sG
Recombinant HeV soluble G	Cats NiV challenge	CpG	Cross protection from HeV sG Mucosal IgA detected

# Other Henipaviruses

Geographic distribution of Henipavirus outbreaks and fruit bats of Pteropodidae Family



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: Global Alert and Response Department  
World Health Organization  
Map Production: Public Health Information  
and Geographic Information Systems (GIS)  
World Health Organization



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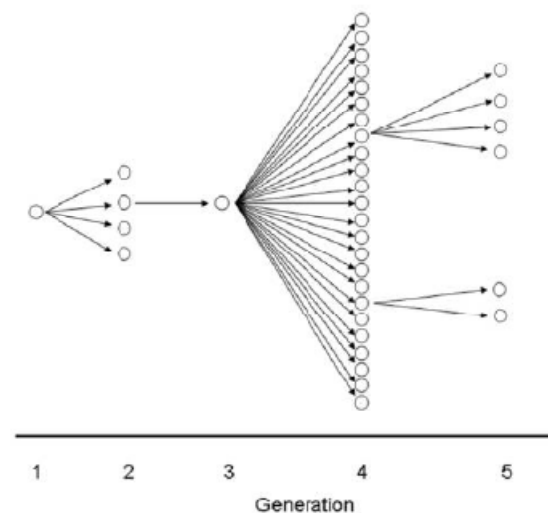
# Nipah virus infections

- Malaysia/Singapore 1998-9:
  - 283 infected (40% CFR)
  - Natural host=bats (*Pteropus* spp.), intermediate host=pigs
  - Single strain
  - Primarily neurological presentation
  - Late encephalitic manifestation: 10%
  - Transmission:
    - Pig-to-human
    - No convincing evidence human-to-human transmission<sup>1,2</sup>
  - Outbreak terminated with culling >1,000,000 pigs

<sup>1</sup>Chan et al., Infect Epidemiol 2002; <sup>2</sup>Mounds et al., J Infect Dis 2001

# Nipah virus infections

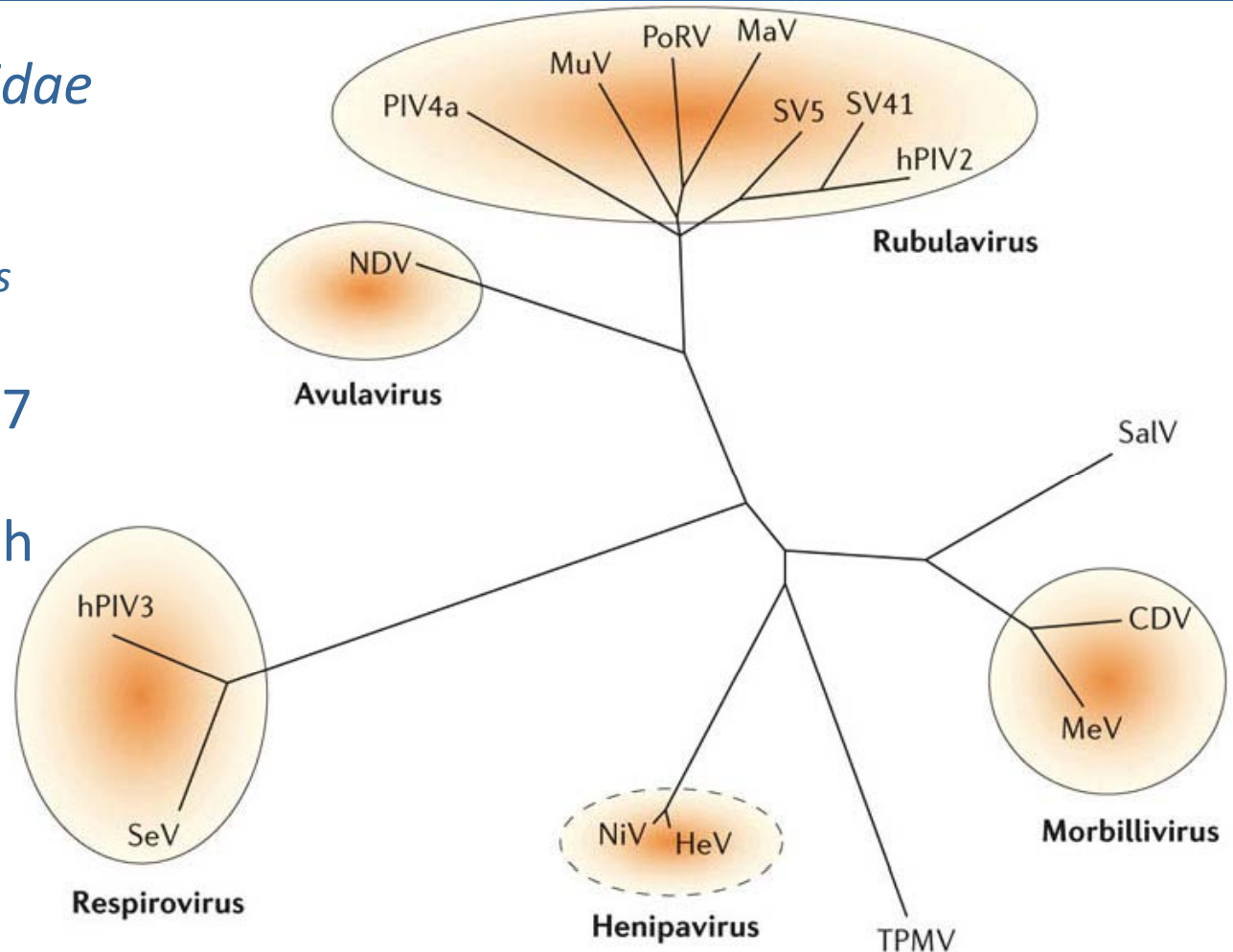
- Bangladesh/West Bengal 2001-9
  - 8 smaller outbreaks
  - ?Multiple strains
  - Clinical features:
    - 70% CFR
    - Prominent pulmonary disease
    - No relapsing/late encephalitis
  - Transmission:
    - Bat-to-human (via raw date palm sap); Human-to-human
    - ?Other mammals-to-human



**Figure 2.** Chain of person-to-person transmission in Nipah outbreak in Faridpur, Bangladesh, 2004.

# Menangle virus

- Family *Paramyxoviridae*
  - Subfamily *Paramyxovirinae*
    - Genus *Rubulavirus*
- First recognised 1997 from outbreak at piggery in New South Wales
- Closely related to Tioman virus





# Menangle virus

## Piggery outbreak, 1997

- Large commercial piggery (2,600 sows), Apr-Sept 1997:
  - Reduction in conception rates & litter size
  - Large numbers of mummified and stillborn foetuses
  - Severe skeletal & craniofacial defects, pulmonary hypoplasia
- No evidence of clinical disease in pigs of any age after birth
- Novel paramyxovirus isolated
- High rate (>95%) of seropositivity among pigs at affected piggery and two contact growing farms
- Outbreak terminated with control measures (disinfection, depopulation, restocking with immune sows etc)



# Menangle virus

## Human infection

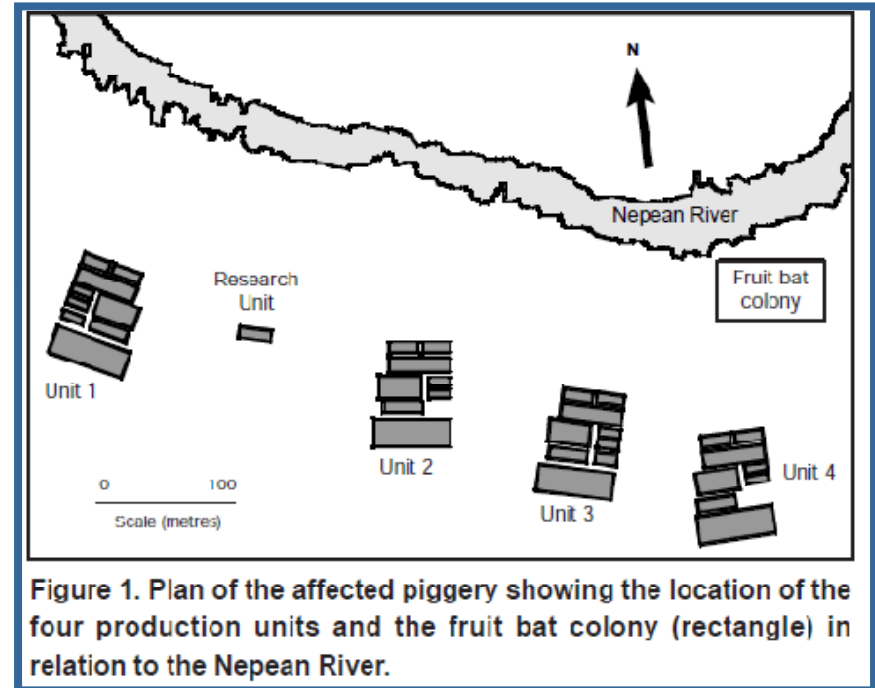
- Serological assessment of ~250 persons with potential exposure to infected pigs
- Two workers with history of severe ILI/rash and heavy occupational exposure to infected pigs tested seropositive (NTs 128 & 512)
  - Close contact with birthing pigs
  - Necropsies on pigs
  - Both recovered with no subsequent relapse



# Menangle virus

## Epidemiology

- Variety of mammalian species (rodents, cattle, sheep, cats, dog) and birds in vicinity: seronegative
- Colony of *Pteropus poliocephalus* & *P. scapulatus* within 200m of piggery
- Seropositivity from fruit bats in northern & eastern Australia:
  - *P. alecto* (46%)
  - *P. poliocephalus* (41%)
  - *P. conspicillatus* (25%)
  - *P. scapulatus* (1%)



- No disease described in fruit bats

# Overview

- Hendra virus:
  - Closely related to Nipah virus within the Henipavirus genus
  - Associated with severe – often fatal – equine & human infections
  - Reservoir within flying foxes (*Pteropus* spp.)
  - Emerging epidemiology: apparent increasing frequency of ‘spill over’ events
  - Biosafety class 4 pathogen: limits study to appropriate facilities
  - No established therapeutic agents or vaccines (although promising candidates)
- Menangle virus:
  - Single outbreak affecting piggery, including two humans with ILIs
  - Reservoir within flying foxes (*Pteropus* spp.)
- Emerging zoonoses: demands an urgent paradigm shift in veterinary infection control procedures

# Infection Control: a veterinary priority



***Stop Putting Yourself at Risk***



***Start Making Changes for Life***

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**AVA Qld Division presents**

***An Infection Control Workshop for Veterinary Practices***

**Events Centre Maroochy, Sunshine Coast**

**Sunday, 16 May 2010, 8.50am to 4.45pm**

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# Discussion points

- Prevention:
  - Veterinary/Medical Infection Control precautions
  - Early recognition of equine infections
  - Implications of infectiousness prior to clinical disease in horses
  - Risk assessment of exposed humans
  - Development of equine HeV vaccines
- Treatment:
  - Poor apparent efficacy of currently available agents: Ribavirin, Chloroquine
  - Development & availability of passive immunotherapy/prophylaxis
- Natural history:
  - Risk of relapse in infected humans